

Florida Gold Coast Southern Zone Team - Preliminary Information Sheet

as of June 15, 2010

Air Transportation: In order to get 60 people on the same flight at a reasonable price we will travel out of Palm Beach International Airport on AIR TRAN as listed below. Athletes must arrange transportation to PBI – contact Coach Cassidy if you need assistance with carpooling.

Monday, July 26 - 7:35AM departure from PBI (arrives ATL 9:30AM)

Sunday, August 1 - 8:50pm departure from ATL (arrives PBI 10:30pm)

Team Hotel Information: Marriott Courtyard Georgia Tech, 1132 Techwood Drive, Atlanta, GA, 30318, (404) 607-1112
Parents interested in staying at the same hotel may call and ask for the Florida Gold Coast Parents Block.

2010 USA SWIMMING SOUTHERN ZONE AGE GROUP CHAMPIONSHIP

JULY 27 - 31, 2010 – Pool Events at Georgia Tech Olympic Pool

August 1, 2010 Open Water Event – All team members encouraged to participate – details TBA

Pool order of events listed below. Home Coaches should make entry requests to Coach Sid Cassidy or the swimmer's Zone Team group coach. We will do our best to honor these preferences, but reserve the right to alter requests in the best interest of the team. Swimmers are allowed a maximum of six total events, no more than three in one day.

Tuesday, July 28th Timed Finals 2:00 PM

Age Group / Event

13-18 800 Free*

13-18 1500 Free*

**The 800 & 1500 Free will be swum fastest to slowest, alternating women and men.*

Wednesday, July 29th Prelims 9:00 AM Finals 6:00 PM

Age Group / Event

11-12 200 Free

13-14 200 Free

15-18 200 Free

11-12 50 Breast

13-14 200 Breast

15-18 200 Breast

11-12 100 Fly

13-14 100 Fly

15-18 100 Fly

Thursday, July 30th Prelims 9:00 AM Finals 6:00 PM

Age Group / Event

15-18 200 Back

13-14 200 Back

11-12 50 Back

15-18 100 Free

13-14 100 Free

11-12 400 Free

15-18 400 IM

13-14 400 IM

Friday, July 31st Prelims 9:00 AM Finals 6:00 PM

Age Group / Event

15-18 200 Fly

13-14 200 Fly

11-12 50 Fly 42

15-18 100 Breast

13-14 100 Breast

11-12 100 Breast

15-18 400 Free

13-14 400 Free

11-12 100 Free

15-18 200 Medley Relay**

13-14 200 Medley Relay**

11-12 200 Medley Relay**

***All Relays are timed final events and will be swum in the finals.*

Saturday, August 2nd Prelims 9:00 AM Finals 6:00 PM

Age Group / Event

11-12 200 IM

13-14 200 IM

15-18 200 IM

11-12 50 Free

13-14 50 Free

15-18 50 Free

11-12 100 Back

13-14 100 Back

15-18 100 Back

11-12 200 Free Relay**

13-14 200 Free Relay**

15-18 200 Free Relay**

Confirmed Team Members:

Note: Vacant positions will be filled following long course meets scheduled for June 24-27, 2010. Please direct any/all selection questions to Coach Sid Cassidy, FGC Age Group Chairman.

11-12 Girls

Stephanie Campo
Rose Smiddy
Alexa Rivera
Carlotta Verita
Isabella Reyes-Capo
Namilla Sanchez
Fatimah Dahlia Westbrook

13-14 Girls

Zoie Balthazar
Emma Lincoln
Tyla Martin
Megan Moroney
Isabella Paz
Annie Valls
Arianna Noya

11-12 Boys

Nicolas Medina
Tanner Fuller
Jonathan Farah
Diego Rodriguez
11-12 Boys yet to confirm:
Julio Horrego
Matthew Cronin
Arthur Cordovez

13-14 Boys

Quinn Cassidy
Marco Hosfeld
Boleck Depawlikowski
Alejandro Vassallo
Luis Santiesteban
Digby Nothard
John Floyd

15-18 Girls

Jessie Randolph
Gaby Garcia
Brittany Hammond
Seven spots remain

15-18 Boys

Daniel Spas
Sam Smiddy
Andrew Smiddy
Austin Manganiello
Ramon Walton
Five spots remain

Staff:

Head Coach S. A. "Sid" Cassidy
11-12 Girls Julie Smiddy
11-12 Boys Chadli Hernandez
13-14 Girls Ozzie Quevedo

13-14 Boys Jesse Vassallo
15-18 Girls Cathy Silveira
15-18 Boys David Rodriguez
Chaperones: TBA*

**We have had a good number of chaperones apply and will continue to accept applications through June 27, 2010. Chaperones must be willing to submit to a background screening and be able to drive passenger vans. Chaperones will travel with the team and be available for all duties assigned throughout the week.*