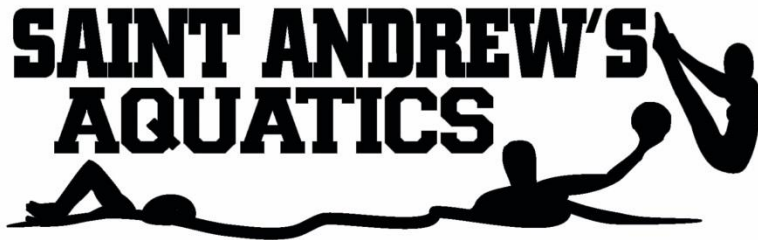


3rd Annual Tartan Sizzler & Spring Sprint Developmental

April 23rd, 2016

3900 Jog Road, Boca Raton, FL 33434



- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: **Sanction #FGD042216SAS-P-12**
- Sponsored by:** Saint Andrew's Swimming
- Rules:** 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. Two sessions only; timed finals. All events will be short course yards. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is prohibited.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2016 USA swimming registered athletes – although the focus is on developing swimmers - and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host will be accepting New or Renewing USA Swimming registrations at the meet. All registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations. (561) 210-2128 or sid.cassidy@saintandrews.net.

Pool & Timing: 25 yards x 50 meters heated outdoor pool. 8-10 short course racing lanes with separate warm up and warm down lanes available. Omega Timing System with Daktronics scoreboard will be used. Fly over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 5'6" to 9'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: Saturday April 23rd, 2016

Session 1: Saturday AM

Warm-ups: 8:00am

Start: 9:00am

Session 2: Saturday PM

Warm-ups: 12:00pm

Start: 1:00pm

Adequate warm up lanes will be provided. Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/ FGC guidelines and with Age Group Chair approval.

Location: Reed Family Pool at the Duff Tyler Aquatic Complex located at Saint Andrew's School. 3900 Jog Road, Boca Raton, FL 33434

Directions: Saint Andrew's School is located on Jog Road in Boca Raton between Yamato and Glades Road. The Duff Tyler Aquatic Complex is located at the south end of the main parking lot next to the basketball court.

Entry: All entries must be received by **Saturday, April 16th**. Please enter electronically. NO MAILED ENTRIES. For electronic entries (CL or SDIF format only!) E-mail entries to sid.cassidy@saintandrews.net or fax (561) 210-2127 Confirmation of electronic entries will be sent via e-mail Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact Sid Cassidy, the meet director, at (561) 210-2128.

NOTE: Swimmers without registration numbers or birth dates will not be entered. *Entry fees will be double if not entered electronically.*

Entry Fees: \$3.00 per individual event - \$6.00 per relay event

Facility Surcharge: \$3.00 per swimmer

***Entry fees are made payable to "Saint Andrew's Aquatics" (note: one check per team)**

Refunds:	Once a team or individual entry has been received and processed, there will be no refunds in part or full.
Awards:	Session 1: Ribbons 1 st -8 th for 10&U, 11-12, 13 & Over Session 2: Ribbons 1 st - 16 th for 6&U, 7-8
Deck Entries:	THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first- come- first -serve basis. Deadline for deck entries is 30 minutes before the start of the meet. This policy can be seen at www.fgcswim.org . All deck entered swimmers must present current USA Swimming Card in order to be entered.
Head Referee:	Debbie Tannhauser
Meet Director:	Sid Cassidy
Meet Committee:	A meet committee may be created by the referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
Admission:	\$3.00 per session (heat sheet \$2.00 per session)
Information:	Call the team's office at (561) 210-2128

Session 1: Saturday, April 23rd, 2016**Warm-ups: 8:00am****Start: 9:00am**

Event #	Girls/ Boys
1-2	10 & Under 200 Free Relay
3-4	11-12 200 Free Relay
5-6	13 & Over 200 Free Relay
7-8	10 & Under 100 Yard IM
9-10	11-12 100 Yard IM
11-12	13 & Over 100 Yard IM
13-14	10 & Under 50 Yard Freestyle
15-16	11-12 50 Yard Freestyle
17-18	13 & Over 50 Yard Freestyle
19-20	10 & Under 50 Yard Backstroke
21-22	11-12 50 Yard Backstroke
23-24	13 & Over 50 Yard Backstroke
25-26	10 & Under 50 Yard Breast
27-28	11-12 50 Yard Breast
29-30	13 & Over 50 Yard Breast
31-32	10 & Under 50 Yard Butterfly
33-34	11-12 50 Yard Butterfly
35-36	13 & Over 50 Yard Butterfly
37-38	10 & Under 100 Yard Freestyle
39-40	11-12 100 Yard Freestyle
41-42	13 & Over 100 Yard Freestyle
43-44	10 & Under 200 Medley Relay
45-46	11-12 200 Medley Relay
47-48	13 & Over 200 Medley Relay

Session 2: Saturday, April 23rd, 2016**Warm-ups: 12:00pm****Start: 1:00pm**

Event #	Girls/ Boys
49-50	8 & Under 100 Free Relay
51-52	6 & Under 25 Yard Freestyle
53-54	7 & 8 25 Yard Freestyle
55-56	6 & Under 25 Yard Backstroke
57-58	7 & 8 25 Yard Backstroke
59-60	6 & Under 25 Yard Breaststroke
61-62	7 & 8 25 Yard Breaststroke
63-64	6 & Under 25 Yard Butterfly
65-66	7 & 8 25 Yard Butterfly
67-68	8 & Under 100 Yard Freestyle
69-70	8 & Under 100 Medley Relay