

FGC “Shamrock Sprints” Swim Meet

April 2, 2016

Miami Dade College North Campus

North Miami Swim Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGI040216NMST-D-02**

Sponsored by: **North Miami Swim Team and the City of North Miami**

Rules: 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All sessions are Timed Finals.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations 305 206-0574 or E-Mail coachjohn@swimneptunes.com

Pool/Timing: 25 yard heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. Colorado Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C).

Water depth at the start varies from 6'0" to 6'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: Session I Saturday April 2, 2016
Session I - Timed Finals - Warm-up at 8:00 am. Meet starts at 9:00 am.

****Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Location: 11380 NW 27th Ave
Miami Florida, 33167

Directions: Take 27th Ave to 119th Street, Go West on 119th to First Light, turn Left, take first Right (1 Block) Pool is second building on Left (South Side)
Parking is across the street

Entry: All entries must be received by **March 26, 2016**
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to **Coachjohn@swimneptunes.com** address
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 305 206-0574

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Seeding: Eligible entries shall be seeded in the following order-
Yards Times will be used for seeding.

Entry Fees: \$ 2.00 per individual event for all 8 & Under events
\$ 3.25 per individual event for all Open Events

Facility Surcharge: \$ 2.00 per swimmer
***Entry fees are made payable to "North Miami Swim Team"**
(Note: one check per team)

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: Five Individual events per day

Awards: **For all 8 & Under Events**
Individual events: Ribbons 1-8

For All events Listed as Open will be awarded by age groups as Follows
10 & Under, 11 & 12, 13 & 14, 15 & Over
Individual Events: Medals 1-3: Ribbons 4-8
Relay Events: Ribbons 1-3

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswwim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Dana Sibley

Meet Director: John Turnipseed

Admin Official: Elizabeth Castillanous

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$3 per session. Heat Sheets - \$3 per session.

Information: Call the Teams Office at 305 206-0574.

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Developmental	Session I	Warm-up 8:00	Meet Starts 9:00
Event #	Event	Age Group	
1-2	25 Free	8 & under	
3-4	50 Free	Open	
5-6	100 Back	Open	
7-8	25 Breast	8 & Under	
9-10	50 Breast	Open	
11-12	100 Fly	Open	
13-14	25 Back	8 & Under	
15-16	50 Back	Open	
17-18	100 Free	Open	
19-20	25 Fly	8 & Under	
21-22	50 Fly	Open	
23-24	100 Breast	Open	
25-26	100 Ind. Med	Open	

