



May 21-22, 2016

Pompano Beach Aquatic Center,
820 NE 18th Ave., Pompano Beach FL 33061

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGI052116POMP-B-15**

Sponsored by: Pompano Beach Piranhas & the City of Pompano Beach

Rules: 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All Session are timed finals for all swimmers.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – (954) 401-0045 or (787) 315-1529
Meet@pompanopiranhas.com

Pool/Timing: 50 meters x 25 yards/meters heated outdoor pool, 8 **long-course** racing lanes with separate warm-up and swim-down lanes available. Colorado Timing System® will be used. Fly-over starts will possibly be used. |

The competition course is certified in accordance with 104.2.2 (C). Water depth at the start is 5'0" in accordance with 202.3.7 (C).

Date & Time:

Saturday May 21, 2016

Session I - Timed Finals

Warm-up at 7:30 am. Meet starts at 9:00 am.

Session II - Timed Finals

Meet starts 15 minutes after the previous session

Sunday May 22, 2016

Session III - Timed Finals

Warm-up at 7:30 am. Meet starts at 9:00 am.

Session IV - Timed Finals

Meet starts 15 minutes after the previous session

****Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval. |***

Location: Pompano Beach Aquatic Center, 820 NE 18th Ave. Pompano Beach, FL 33061

Directions: | From the North or South: Take I-95 towards Pompano Beach and take Atlantic Blvd and go East to NE 18th Avenue. Turn Left onto NE 18th Avenue and continue to end of street to NE 8th Street. Turn Right onto to NE 8th Street and follow the 2 road to the Aquatic Center. The pool is on the left-hand side. |

Entry: | All entries must be received by **Friday, May 13, 2016**. PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to Meet@pompanopiranhas.com. Confirmation for electronic entries will be sent via e-mail. **Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact meet director (787) 315-1529

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically. |**

Seeding: All events are standard timed finals except the 400, 800, 1500 freestyle and the 400 IM. These events are positive check in and will be deck seeded fast to slow using LCM

Entry Fees: \$ 3.25 per individual event

Facility Surcharge: \$ 5.00 per swimmer |

***Entry fees are made payable to Pompano Beach Piranhas" (note: one check per team mail to P.O. Box 10693 Pompano Beach, FL. 33061)**

Refunds:	Once a team or individual entry has been received and processed, there will be no refunds in full or in part.
Entry Limit:	Eight (8) individual events for the meet-no more than three (3) individual events per session Note: 500 Swimmer Meet Cut Off. The meet will close this year at 500 swimmers. Once a team puts the meet at 450 swimmers or over we will accept that team's entire entry, close the meet and enter the host team entries.
Awards:	Individual Events= Medals for 1 st - 3 rd place Ribbons for 4 th - 8 th place (Open events awards are presented upon request) High Point= 1 st , 2 nd , 3 rd place Trophy by Category 10 & under, 11-12, 13-14, Open (13-14 will swim within the Open category but score separately, no other age group will be considered to score separately.
Distance Events:	All distance events are positive check in. The 400, 800, 1500 Free and 400 IM will be positive check-in events and will be swum from fastest to slowest alternating girls / boys heats. Deadline for positive check-in events is 10:30 am on both days. For the long distance events swimmers must provide their own timer and counters as needed.
Deck Entries:	THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org . All deck entered swimmers must present current USA Swimming Card in order to be entered.
Head Referee:	Hector Acevedo
Admin Official:	Betsy Vassallo / Matt Hooper
Meet Director:	Jesse Vassallo
Meet Committee:	A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
Admission:	Admission - \$3.00 per session. (Free admission for kids 6 years old and under)
Heat Sheets:	\$3.00 per session.
Information:	Call the Teams Office at (954) 372-5029 or (787) 315-1529



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Saturday				Sunday			
Session I				Session III			
Girls	Event	Age Group	Boys	Girls	Event	Age Group	Boys
1	200 Freestyle	10 & Under	2	35	200 Individual Medley	10 & Under	36
3	200 Freestyle	11 & 12	4	37	200 Individual Medley	11 & 12	38
5	200 Freestyle	Open	6	39	200 Individual Medley	Open	40
7	50 Butterfly	10 & Under	8	41	50 Backstroke	10 & Under	42
9	50 Butterfly	11 & 12	10	43	50 Backstroke	11 & 12	44
11	100 Butterfly	Open	12	45	100 Backstroke	Open	46
13	100 Backstroke	10 & Under	14	47	50 Breaststroke	10 & Under	48
15	100 Backstroke	11 & 12	16	49	50 Breaststroke	11 & 12	50
17	200 Backstroke	Open	18	51	100 Breaststroke	Open	52
19	50 Freestyle	10 & Under	20	53	100 Freestyle	10 & Under	54
21	50 Freestyle	11 & 12	22	55	100 Freestyle	11 & 12	56
23	50 Freestyle	Open	24	57	100 Freestyle	Open	58
25	100 Breaststroke	10 & Under	26	59	100 Butterfly	10 & Under	60
27	100 Breaststroke	11 & 12	28	61	100 Butterfly	11 & 12	62
29	200 Breaststroke	Open	30	63	200 Butterfly	Open	64
15 minute break				15 minute break			
Session II				Session IV			
Girls	Event	Age Group	Boys	Girls	Event	Age Group	Boys
31	400 Individual Medley	Open	32	65	800 Freestyle	Open	
33	400 Freestyle	Open	34		1500 Freestyle	Open	66

POMPANO BEACH



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SWIM TEAM