8 & Under Sizzler Meet Friday May 5, 2017

American Heritage School - Plantation 12200 W. Broward Blvd., Plantation, FL 33325

Heritage Aquatic Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast

Swimming, Inc.: Sanction No. FGS050517HAT-B-11

Condition of Sanction: The competition course has been certified in accordance with

104.2.2(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to

ensure compliance with this requirement.

Sponsored by: Heritage Aquatic Team and American Heritage School

Rules 2017 USA Swimming and FGC rules will govern this meet. Safety rules

as outlined by USA Swimming and recommended by the referee, will

be in effect. Session I is timed finals for all swimmers.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is

not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in

effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility

during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official

photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to

promote such competitions.

Rules:

Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and (your club name) shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect, except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited, Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the vice President of Program Operations.

Eligibility:

Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host WILL **NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 954-325-0400 — coachnobutakatan@gmail.com

Deck Change:

Changing, in part or whole, into or out of a swimsuit (excluding a drag suit) is an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity.

Pool/Timing:

25 yard x 25 meters heated outdoor pool, 6 **short-course** racing lanes with separate warm-up and swim-down lanes available. OMEGA Timing System® will be used.

Date & Time: Friday May 5, 2017

Session I - Timed Finals - Warm-up at 5:00 pm. Meet starts at 5:30 pm.

*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming / FGC guidelines and with Age Group Chair approval.

Location: American Heritage School - Plantation

Entry: All entries must be received by Monday, May 1, 2017

PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to Email coachnobutakatan@gmail.com

Confirmation for electronic entries will be sent via e-mail.

**Submission of electronic entries signifies that all swimmers are USA

registered. Questions, please contact office at 954-325-0400.

NOTE: Swimmers without registration numbers or birth dates will not be entered.

*** Entry Fees will be Double if not entered electronically.

Entry Fees: \$10.00 per swimmer for individual events and Relay

*Entry fees are made payable to "Heritage Aquatic Team"

Note: One (1) check per team

Refunds: Once a team or individual entry has been received and processed,

there will be no refunds in full or part.

Entry Limit: Up to 4 individual events

Awards: Individual Events: 1st – 3rd Medals places:

4th -8th Ribbons places

Relay Events: 1st – 3rd Medals Places

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries

permitted into open lanes only on a first-come-first-serve basis.

Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present

current USA Swimming Card in order to be entered.

Head Referee: Hannah Fish

Administrative Referee: Ivett Kohanyi

Meet Director: Nobutaka Tan

Meet Committee: A meet committee may be created by the meet referee to handle

issues pertaining to non-rule situations at the meet such as severe

weather and equipment issues.

Admission: Admission \$ 2.00 / per session. Heat Sheets \$ 1.00 per session.

Information: Call the Teams Office at (954) 325-0400

Order of Events:

Girls	Events	Boys
1	25 Fly 6&Under	2
3	25 Fly 7-8	4
5	25 Back 6&Under	6
7	25 Back 7-8	8
9	25 Breast 6&Under	10
11	25 Breast 7-8	12
13	25 Free 6&Under	14
15	25 Free 7-8	16
17	100 Free Relay 8 & Under	18