FGC Open Spring Sprint Swim Meet

April 1, 2017

At Miami Dade College North Campus North Miami Swim Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming,

Inc.: Sanction # FGI040117NMST-D-05

Condition of Sanction:

The competition course has been certified in accordance with 104.2.2 (C). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Sponsored by: North Miami Swim Team and The City of North Miami

Rules: 2017 USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and North Miami Swim Team shall be free and held harmless from any liabilities or claims from damages arising by reason of

injuries to anyone during the conduct of the event.

Safety rules as outlined by USA Swimming and as recommended by the

referee, will be in effect.

(**Deck Changing**) Except where venue facilities require otherwise, Changing, in part or whole, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect

at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred

from the facility during the sanctioned event.

Image Authorization:

All participants agree to be filmed and photographed by the official photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Eligibility:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. The meet is open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being **proficient in performing a racing start** or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes:

Swimmers with a disability are welcome at this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations 305 206-0574

or E-Mail coachjohn@swimneptunes.com

Pool/Timing:

25 yard heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. Colorado Timing System® will be used. Fly-over starts will possibly be used.

Water depth at the start varies from 6'0" to 6'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time:

Session I Saturday April 1,2017

Session I – Timed Finals - Warm-up 7:30 am. Meet starts at 8:30 am **Session II** – Timed Final – Warm-up 11:30 am. Meet starts at 12:30 pm

Note*

If the combined time of the Two Sessions is under the Four Hour rule the two sessions will be combined. If this change is to be made the teams will be contacted by March 27,2017.

*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Location:

Miami Dade College North

11380 NW 27th Ave

Miami, Fl 33167.

Directions: Take 27th Ave to 119th Street, Go West on 119th to First Light, turn Left, take first Right

(1 Block) Pool is second building on Left (South Side)

Parking is across the street

Entry: All entries must be received by March 26,2017

> PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!)

E-mail to Coachjohn@swimneptunes.com

Confirmation for electronic entries will be sent via e-mail.

**Submission of electronic entries signifies that all swimmers are USA

registered. Questions, please contact office at 305 206-0574

NOTE: Swimmers without registration numbers or birth dates will not be

entered. *** Entry Fees will be Double if not entered electronically.

Seeding: Yards Times will be used for seeding.

Entry Fees: For all events except 25's \$3.50 per individual event

> For all 25's \$ 2.50 per individual event

Facility Surcharge: \$ 5.00 per swimmer

*Entry fees are made payable to "North Miami Swim Team"

(note: one check per team)

Refunds: Once a team or individual entry has been received and processed, there will be

no refunds in full or in part.

Entry Limit: Five Individual events per day

Individual Events 8 & Under Ribbons 1-8 Awards:

> Individual Events (not 8 & Under) Medals 1-3: Ribbons 4-8

25's will be awarded 6 & under and 7 & 8

12 & Under Events will be awarded as 10 & Under and 11&12 13 & Over Events will be awarded as 13 & 14 and 15 & Over 500's will be swum Fastest to Slowest and awarded as Open only

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries

permitted into open lanes only on a first-come-first-serve basis. Deadline for

deck entries is 30 min. before start of meet. Policy can be seen at

www.fgcswim.org. All deck entered swimmers must present current USA

Swimming Card in order to be entered.

Head Referee: Dana Sibley

Meet Director: John Turnipseed

Admin Official: **Andrew Witcher** **Meet Committee:** A meet committee may be created by the meet referee to handle issues

pertaining to non-rule situations at the meet such as severe weather and

equipment issues.

Admission: Admission - \$3 per session. Heat Sheets - \$3 per session.

Information: Call the Teams Office at 305 206-0574.

FGC "Spring Sprints" April 1, 2017

Session I warmup 7:30 am Meet Starts at 8:30 am			
Event #	Event	Age Group	
1-2	25 Back	8 & Under	
5-6	25 Breast	8 & Under	
7-8	50 Back*	12 & Under	
11-12	25 Fly	8 & Under	
13-14	100 Breast*	12 & Under	
17-18	25 Free	8 & Under	
21-22	50 Free*	12 & Under	
25-26	100 Back*	12 & Under	
31-32	50 Fly*	12 & Under	
35-36	100 Free*	12 & Under	
39-40	50 Breast*	12 & Under	
43-44	100 Fly*	12 & Under	
47-48	100 Ind Med*	12 & Under	
51-52	200 Free*	12 & Under	
55-56	200 Ind Med*	12 & Under	

25's will be awarded 6 & under and 7 & 8
12 & Under Events will be awarded as 10 & Under and 11&12
13 & Over Events will be awarded as 13 & 14 and 15 & Over
500's will be swum Fastest to Slowest and awarded as Open only

FGC "Spring Sprints" April 1, 2017

Session II warmup 11:30 am Meet Starts at 12:30 am			
Event #	Event	Age Group	
3-4	200 Back	Open	
9-10	50 Back*	13 & Over	
15-16	100 Breast*	13 & Over	
19-20	200 Fly	Open	
23-24	50 Free*	13 & Over	
27-28	100 Back*	13 & Over	
29-30	200 Breast	Open	
33-34	50 Fly*	13 & Over	
37-38	100 Free*	13 & Over	
41-42	50 Breast*	13 & Over	
45-46	100 Fly*	13 & Over	
49-50	100 Ind Med*	13 & Over	
53-54	200 Free*	13 & Over	
57-58	200 Ind Med*	13 & Over	

59-60	500 Free	Open

25's will be awarded 6 & under and 7 & 8
12 & Under Events will be awarded as 10 & Under and 11&12
13 & Over Events will be awarded as 13 & 14 and 15 & Over
500's will be swum Fastest to Slowest and awarded as Open only