

Florida Gold Coast Area 3 SHORT COURSE Developmental Championship Meet

SOFL, AKS, AAST, ASC, BMHG, BISC, CANE, CM, DRSC, FLA, FKSC, FFSC, FIU, GRSC, HSC, MACM, MBS, MLB, MCDA, MSAT, MS, NMST, OSC, SDST, SWAT, SGST, UofM

March 2-4, 2018

Academic Village Pool, Pembroke Pines, Florida

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast

Swimming, Inc. Sanction Number: - FGA030218SOFL-B-08

It is understood and agreed that USA Swimming, the facility and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: Academic Village Swimming Pool. 17191 Sheridan Street, Pembroke

Pines, FL. Enter from 172nd and free parking is located at the West end of

the swimming pool.

Directions: Coming from the North: Take I-595 West to I-75 South. Take the Sheridan

Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE**

INTO FACILITY.

<u>Coming from the South</u>: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND**

ENTRANCE INTO Facility.











Date & Time:

Date	Session	Warm-up	Meet Start
Friday, March 2 nd - Finals	ı	4:30 pm	5:30 pm
Saturday, March 3 rd - Prelims	II	7:00 am	8:30 am
Saturday, March 3 rd - Finals	III	4:00 pm	5:00 pm
Sunday, March 4 th - Prelims	IV	7:00 am	8:30 am
Sunday, March 4th - Finals	V	4:00 pm	5:00 pm

The meet director reserves the right to change meet warm-up and start time in order to hold an efficient meet within USA Swimming / FGC guidelines and with FGC Age Group Chairperson approval.

Pool/Timing:

25 Yard x 50 meter heated outdoor pool with 10 short-course racing lanes with separate warm-up and swim-down lanes available. Minimum water depth in accordance with Article 103.2.3 at the start end of pool varies from 6'7" to 8'6 depending upon lane assignment. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy of such certification is on file with USA Swimming.

Format:

These championships will be conducted in SCY. Events 200Y and longer, all events for 7-10 year olds, and all relays will be timed final events. All other individual events will be conducted as preliminaries and finals with the fastest 8 swimmers from preliminaries advancing to finals. Breaks between events in finals sessions may be inserted at Meet Director and Meet Referee discretion.

Rules:

2018 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.











Deck Changing: E

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free Zone:

The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image Authorization:

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Closed Deck:

Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA Swimming as an athlete or as a nonathlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.

Coaches: You will be permitted inside the restricted areas of the deck provided you are wearing your coaching credentials, and do not interfere with those conducting the meet.

Warm-up:

Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

Depending upon the number of swimmers entered, teams may be assigned to specific warm-up times and lanes Saturday and Sunday morning. Teams assigned to an early warm-up on one day will be assigned to a late warm-up period on the other day. More detailed warm up procedures will be distributed to registered coaches prior to the competition.

Eligibility:

Open to all 7-18 year old 2018 USA Swimming registered athletes affiliated with teams assigned to FGC Area 3 (SOFL, AKS, AAST, ASC, BMHG, BISC, CANE, CM, DRSC, FLA, FKSC, FFSC, FIU, GRSC, HSC, MACM, MBS, MLB, MCDA, MSAT, MS, NMST, OSC, SDST, SWAT, SGST, UofM) who have achieved the published time standard in one or more events during the qualifying period.











Qualifying time standards are USA Swimming National Age Group Motivational "B" times for events 200Y and longer. There is no qualifying time standard for events less than 200Y and these events may be entered with no time.

Athletes who have achieved a qualifying time for the 2018 SCY FGC Junior Olympics (7-14 year old athletes) or 2018 SCY FGC Senior Championships (15-18 year old athletes) within the qualifying period may not enter that event in these championships.

The qualifying period is March 2, 2016 through the entry deadline.

Swimmers who are not registered with USA Swimming by 12:00pm Thursday March 1, 2018 will not be seeded. Such swimmers who subsequently become USA Swimming registered will be permitted to deck enter open lanes in accordance with the deck entry policy.

The Meet Host <u>WILL NOT</u> be accepting New or Renewing USA Swimming registrations at the meet.

Disability Athletes:

All swimmers are welcome at this meet. Any athlete with a disability will be accommodated in accordance with Article 105. Please contact the pool office ahead of time to allow for preparations - (954) 538-3721 SoFloMeets@swim4SoFlo.com

Entry:

All entries must be received by Monday, February 26, 2018.

PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!)

E-mail to <u>SoFloMeets@swim4SoFlo.com</u> fax (954) 392-4107 Confirmation for electronic entries will be sent via e-mail.

**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 538-3721.

NOTE: Swimmers without registration numbers or birth dates will not be entered. *** Entry Fees will be <u>Double</u> if not entered electronically.

Entry Fees: \$6.00 Relay Fees: \$10.00 Facility Surcharge: \$10.00

*Entry fees are made payable to "SOFLO Swimming"

(note: one check per team) If meet fees are paid by credit card there will

be a 2% surcharge

Late Entries: Late entries will be accepted at meet management discretion between

12:01pm Monday February 26, 2018 and 12:00pm Thursday March 1, 2018. PLEASE enter electronically (CL or SDIF format).











Please email late entry requests to <u>SoFloMeets@swim4SoFlo.com</u> Late entries must be accompanied by proof of USA Swimming registration in order to be seeded.

Deck Entries:

THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries will be permitted into open lanes on a first-come-first-serve basis from 12:01pm on Thursday March 1, 2018 until 30 minutes prior to the start of the session for the event in question. Deck entry requests may be made by email or in person at the meet. Please email deck entry requests to officemanager@swim4comets.com. Fees for deck entries will be twice the standard entry fees. Deck entry requests must be accompanied by proof of USA Swimming registration and proof of entry time in order to receive a lane assignment.

Responsibility Clause:

The coach, swimmer or swimmer representative who enters these championships thereby attests that all times stated are true and correct as achieved qualifying times for each event entered and furthermore that best achieved times are not 2018 FGC Junior Olympic or 2018 Senior Championship qualifying times. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$50 penalty for each such time entered.

Refunds: Once a team or individual entry has been received and processed, there

will be no refunds in full or in part, unless FGC rule 1.17a.i-v applies.

Entry Limit: Swimmers may swim a maximum of three (3) individual events per day.

Seeding: All events will be seeded in order of SCY then LCM then SCM, and will be

seeded fast to slow. Timed final events 200Y and longer will be swum with all age groups combined, but will be resulted separately. Ten lanes

may be used in the preliminary sessions.

Distance Events: Friday evening's 500 freestyle and 400 IM will be seeded fast to slow,

alternating heats of women and men. Positive check-in is NOT required.

Sunday's 1650 freestyle will follow the relays at the end of the preliminaries session. It will be seeded fast to slow, alternating heats of women and men. Positive check-in is required in order to be seeded. The

positive check-in deadline is 6:00 pm on Saturday, March 3.

Scratches: Any swimmer who competes in preliminary heats and qualifies for finals

must declare his/her possible intention to scratch within thirty (30) minutes of the announcement of the preliminary results of that event and further declare their final intention within 30 minutes of their last

individual preliminary event.











Failure to compete in finals will result in the swimmer being fined \$25.00 cash. Upon receiving payment of the fine, the swimmer will be eligible to continue competing in the meet. Swimmers may not compete in further individual events or relays until all fines are paid.

First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

Alternates wishing to swim in an open lane in finals must be standing at the starter's tent prepared to step on the block for the swim when the swimmers are called to the blocks

Scratches must be done individually. Team scratches are not accepted.

Relays: Teams are limited to no more than two entries per relay event. All relays

will swim in the preliminaries sessions.

Awards: Individual Events: Medals: 1st - 3rd Ribbons: 4th - 10th

Relay Events: Ribbons: 1st - 3rd

Scoring: These championships will not be scored.

Meet Director: Chris Anderson

Co-Meet Directors: Luis Soler (Facilities) – Andrea Golding (Volunteers)

Head Referee: Aida Acevedo

Admin Referee: Hector Acevedo

Officials: If you know that you will be attending this meet and will be available,

please email the meet referee, Aida Acevedo (aida1988@yahoo.com), and let her know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the

Starter's tent 60 minutes before the start of the session.

Meet Committee: A meet committee may be created by the meet referee to handle issues

pertaining to non-rule situations at the meet such as severe weather and

equipment issues.

Admission: \$5.00 per person per session.

Heat Sheets will be available free of charge online at soflomeets.info/

Area3 and on Meet Mobile.











Printed Heat sheets will be available for coaches in the swim office.

Information:

Swim Office at (954) 538-3721 - SoFloMeets@swim4SoFlo.com

Order of Events

Women Qualifying Times		Friday March 2	Men Qualifying Times			es		
SCY	SCM	LCM	Event #		Event #	LCM	SCM	SCY
3:19.19	3:40.09	3:45.79	1A	7-10 200 Freestyle	2A	3:33.49	3:26.29	3:06.69
2:41.19	2:58.09	3:03.49	1B	11-12 200 Freestyle	2B	2:57.89	2:52.09	2:35.69
2:33.19	2:49.29	2:55.09	1C	13-14 200 Freestyle	2C	2:44.09	2:37.99	2:22.99
2:29.89	2:45.59	2:50.89	1D	15-18 200 Freestyle	2D	2:37.39	2:31.79	2:17.29
3:38.49	4:01.49	4:09.39	3A	7-10 200 IM	4A	4:06.19	3:58.09	3:35.49
3:00.69	3:19.69	3:26.29	3B	11-12 200 IM	4B	3:24.69	3:16.19	2:57.59
2:51.49	3:09.49	3:17.39	3C	13-14 200 IM	4C	3:05.29	2:56.79	2:39.99
2:48.19	3:05.79	3:13.49	3D	15-18 200 IM	4D	2:56.59	2:48.79	2:32.69
8:26.09	7:22.89	7:36.79	5A	7-10 500 Freestyle	6A	7:29.49	7:14.69	8:16.69
7:09.09	6:15.49	6:23.89	5B	11-12 500 Freestyle	6B	6:15.49	6:05.19	6:57.29
6:49.39	5:58.29	6:07.19	5C	13-14 500 Freestyle	6C	5:49.09	5:38.29	6:26.59
6:40.69	5:50.69	5:58.49	5D	15-18 500 Freestyle	6D	5:33.69	5:26.09	6:12.59
6:24.19	7:04.49	7:19.69	7A	11-12 400 IM	8A	7:10.19	6:52.29	6:13.09
6:05.79	6:44.19	6:57.39	7B	13-14 400 IM	8B	6:32.69	6:17.69	5:41.79
5:57.59	6:35.09	6:47.89	7C	15-18 400 IM	8C	6:14.09	6:03.59	5:29.09











Women Qualifying Times		Saturday March 3	М	en Qualif	ying Time	es
SCY SCM	LCM Event	ŧ	Event #	LCM	SCM	SCY
	9	7-10 100 Backstroke	10			
	11	11-12 100 Backstroke	12			
	13	13-14 100 Backstroke	14			
	15	15-18 100 Backstroke	16			
	17	7-10 50 Butterfly	18			
	19	11-12 50 Butterfly	20			
	21	13-14 50 Butterfly	22			
	23	15-18 50 Butterfly	24			
	25	7-10 100 Breaststroke	26			
	27	11-12 100 Breaststroke	28			
	29	13-14 100 Breaststroke	30			
	31	15-18 100 Breaststroke	32			
	33	7-10 50 Freestyle	34			
	35	11-12 50 Freestyle	36			
	37	13-14 50 Freestyle	38			
	39	15-18 50 Freestyle	40			
	41	7-10 100 IM	42			
	43	11-12 100 IM	44			
	45	13-14 100 IM	46			
	47	15-18 100 IM	48			
3:00.89 3:19.79 3	3:24.89 49A	11-12 200 Butterfly	50A	3:22.09	3:15.19	2:56.59
2:50.09 3:07.89 3	3:13.29 49B	13-14 200 Butterfly	50B	3:02.19	2:54.99	2:38.29
2:46.79 3:04.29 3	3:08.19 49C	15-18 200 Butterfly	50C	2:52.69	2:47.29	2:31.39
	51	7-10 200 Freestyle Relay	52			
	53	11-12 200 Freestyle Relay	54			
	55	13-14 200 Freestyle Relay	56			











Women Qualifying Times		Sunday March 4	N	⁄len Quali	fying Time	es		
SCY	SCM	LCM	Event #		Event #	LCM	SCM	SCY
3:23.09	3:44.49	3:52.69	59A	11-12 200 Breaststroke	60A	3:44.69	3:35.39	3:14.89
3:11.99	3:32.19	3:41.39	59B	13-14 200 Breaststroke	60B	3:26.29	3:17.09	2:58.39
3:08.19	3:27.89	3:36.29	59C	15-18 200 Breaststroke	60C	3:16.49	3:06.39	2:48.69
			61	7-10 100 Freestyle	62			
			63	11-12 100 Freestyle	64			
			65	13-14 100 Freestyle	66			
			67	15-18 100 Freestyle	68			
			69	7-10 50 Backstroke	70			
			71	11-12 50 Backstroke	72			
			73	13-14 50 Backstroke	74			
			75	15-18 50 Backstroke	76			
			77	7-10 100 Butterfly	78			
			79	11-12 100 Butterfly	80			
			81	13-14 100 Butterfly	82			
			83	15-18 100 Butterfly	84			
			85	7-10 50 Breaststroke	86			
			87	11-12 50 Breaststroke	88			
			89	13-14 50 Breaststroke	90			
			91	15-18 50 Breaststroke	92			
2:56.59	3:15.19	3:24.79	93A	11-12 200 Backstroke	94A	3:20.79	3:10.79	2:52.69
2:47.29	3:04.89	3:13.19	93B	13-14 200 Backstroke	94B	3:02.69	2:53.59	2:37.09
2:44.09	3:01.39	3:09.09	93C	15-18 200 Backstroke	94C	2:53.79	2:45.59	2:29.89
			95	7-10 200 Medley Relay	96			











			97	11-12 200 Medley Relay	98			
			99	13-14 200 Medley Relay	100			
			101	15-18 200 Medley Relay	102			
24:53.9	24:45.2	25:45.7					24:13.3	24:21.8
9	9	9	103A	11-12 1650 Freestyle	104A	25:13.59	9	9
23:23.4	23:15.2	24:06.3					22:11.0	22:18.8
9	9	9	103B	13-14 1650 Freestyle	104B	23:06.49	9	9
23:05.1	22:57.0	23:43.8					21:27.8	21:35.3
9	9	9	103C	15-18 1650 Freestyle	104C	22:08.99	9	9

Florida Gold Coast Area 3 Developmental Championships Short Course Time Trial

Sanctioned by: USA Swimming and Florida Gold Coast Swimming

Sanction Number

Sponsored by: South Florida Aquatic Club & Comets Swim Team Booster Club

Location: Academic Village Swimming Pool

Dates and Time: March 3, 2018 – Approximately 15 minutes following the

conclusion of the preliminaries session, time permitting.

March 4, 2018 – Approximately 15 minutes following the conclusion of the preliminaries session, time permitting.

Pool / Timing: 25 Yard x 50 meter heated outdoor pool with 10 short-course

racing lanes. Minimum water depth in accordance with Article 103.2.3 at the start end of pool varies from 8'6" to 12' depending on lane assignment. Minimum water depth at the turn end of the pool is 4'. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The competition course has been certified in accordance with 104.2.2(C)(4). A copy

of such certification is on file with USA Swimming.











Eligibility: Open to all currently registered USA Swimming athletes.

Entries: Entry forms will be available at the clerk of course table. Entries

will close at 11:00 am each day. Proof of USA Swimming

registration will be required for swimmers not entered in the Area

3 Developmental Championships Meet.

Entry Limit: Swimmers are limited to no more than 3 events per day including

events they participated in at the Area 3 Championships Meet.

Entry Fees: \$12.00 per individual event, \$20.00 per relay; \$20.00 facility

surcharge for all swimmers not entered in the Area 3

Developmental Championships Meet.

Referee: Aida Acevedo











Order of events

	Saturday March 3		Sunday	March 4	
	Event Numbers		Event N	umbers	
	1st Pass	2nd Pass	1st Pass	2nd Pass	
50 Freestyle	201	251	301	351	
100 Freestyle	202	252	302	352	
200 Freestyle	203	253	303	353	
500 Freestyle	204	254	304	354	
1650 Freestyle	205	255	305	355	
50 Backstroke	206	256	306	356	
100 Backstroke	207	257	307	357	
200 Backstroke	208	258	308	358	
50 Breaststroke	209	259	309	359	
100 Breaststroke	210	260	310	360	
200 Breaststroke	211	261	311	361	
50 Butterfly	212	262	312	362	
100 Butterfly	213	263	313	363	
200 Butterfly	214	264	314	364	
100 Individual Medley	215	265	315	365	
200 Individual Medley	216	266	316	366	
400 Individual Medley	217	267	317	367	
200 Free Relay	218	268	318	368	
400 Free Relay	219	269	319	369	
800 Free Relay	220	270	320	370	
200 Medley Relay	221	271	321	371	
400 Medley Relay	222	272	322	372	

All time trial events are mixed gender.
The order of events will be run through twice a day.









