December 2017 Closed Invited

At University of Miami hosted by Hurricane Aquatics

Teams: Hurricane Aquatics, Miami Shores Swim Club, Florida Keys Swim Club, North Miami Swim Team, Gulliver, AK Sharks

December 15-16, 2017

Sanctioned By: Held under the sanction of USA Swimming and Florida Gold Coast Swimming,

Inc. Sanction #FGC121517CANE-D-17

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone

during the conduct of the event.

Sponsored By: Hurricane Aquatics

Location: 1306 Stanford Drive

Coral Gables, FL 33146

Directions: Please visit our website for directions to the pool.

Dates & Time: Session I - Friday, December 15 - WU 4:30 PM, Start 5:30 PM

Session II - Saturday, December 16 - WU 8 AM, Start 9 AM

Start times for this meet may be adjusted following receipt of all entries with approval of the

Age Group Chair

Pool / Timing: 8 lane 50 meters x 25 yard heated outdoor pool, Timed Finals: 8 lanes for

competition and 3 for warm up warm down during competition. (Colorado Timing

System®) will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 ©. Water depth at the start varies from 4'6" to 6'0" depending on lane assignment

accordance with 104.2.2(4-6) ©.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at

this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the

facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official

photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such

competitions.

Rules:

2017 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA swimming and as recommended by the referee will be in effect. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present." Exceptions may be granted with prior written approval by the Vice President of Program Operations

Closed Deck:

This is an optional section and can be determined by meet host. Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA Swimming as an athlete or as a non-athlete working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet. Coaches will be permitted inside of the roped of areas of the pool deck provided they have shown proper credentials to the meet host and do not interfere with those conducting the event. Coaches are requested to wear their coaching credentials at all times.

Eligibility:

- Any swimmer entered in the meet must be certified by a USA Swimming Member Coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.4.9.D
- The Meet Host <u>WILL NOT</u> be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability:

All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – Liz Kershaw - coachlizkershaw@gmail.com, 214-695-0109.

Entry Deadline: Entries Close - **Saturday, December 9, 2017**

Entry Limit: No more than three (4) individual events per day

Entry Procedure: Hy-Tek electronic entry system is required.

Email entries to: coachlizkershaw@gmail.com

Submission of entry certifies that all entered swimmers are current year USA

Swimming registered. Non-electronic entries are not accepted.

Swimmers not affiliated with a team must pay double fees and surcharges

Entry Fees: \$3.50 per Individual event entry

\$5.00 per swimmer surcharge

Entry fees are made payable to: Hurricane Aquatics

Refunds: Once a team or individual entry has been received and processed, there will be

no refunds unless FGC rule 1.17a.i-v applies.

Seeding: Entries will be seeded with non-conforming times last – YLS.

Deck Entries: Deck entries will be accepted into open lanes only. Fees for deck entries are:

\$10.00 swimmer surcharge if not already entered in the meet, \$7.00 per

individual event.

Deadline for deck entries is 30 minutes prior to the start of the meet.

Distance Events:

400 IM and 400/500 free are positive check in events

Swimmers must provide their own timers for events 400 and longer.

Awards: Individual Events: Ribbons 1st - 8th

Scoring: This competition is not scored.

Admission: \$0.00 per person per session. Heat Sheets - free online

Concessions: Concession stand will be open for all sessions.

Hospitality: Refreshments and hospitality for coaches / officials / volunteers will be available.

Referee: Juan Pelaez

Admin Official: Beth Bossart

Meet Director: Liz Kershaw - coachlizkershaw@gmail.com 214-695-0109

Meet Marshall: Andrew Pittman

Warm-up Procedures: NO Equipment Permitted. Swimmers Must Enter The Water Feet First.

8:00 – 8:35 a.m. General Warm Up swimming and pulling only, push off

No Racing Starts, No Sprinting or Pace Work 8:35 a.m. – 8:55 a.m. Controlled Warm Up

Lane 1 Pace, 50 and 100 Circle Swim, Push Off

Lane 2 Racing Starts, 25 yards One Length.

Lane 3 Swimming and Pulling, Push Off

Lane 4 Swimming and Pulling, Push Off Lane 5 Swimming and Pulling, Push Off

Lane 6 Swimming and Pulling, Push Off

Lane 7 Racing Starts, 25 yards One Length

Lane 8 Pace, 50 and 100 Circle Swim, Push Off

Session I – Timed Finals SCY - Friday December 15, 2017 Warm-up: 4:30pm Meet Starts: 5:30pm

Women	Event	Men
1	Open 200 IM	2
3	Open 500 Free	4

Session II – Timed Finals SCY - Saturday December 16, 2017 Warm-up: 8:00 am Meet Starts: 9:00 am

Women	Event	Men
5	Open 200 Back	6
7	Open 200 BRST	8
9	Open 200 Fly	10
11	Open 400 IM	12
13	Open 200 Free*	14

^{*}The 200 free will only be contested if all swimmers can compete prior to 12 PM when the pool opens to the public.