

MACM INVITATIONAL

April 28, 29 & 30, 2017

Tamiami Aquatic Center

Metro Aquatic Club of Miami

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGI042817MACM-D-06**

Condition of Sanction: The competition course has been certified in accordance with 104.2.2(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Sponsored by: **Metro Aquatic Club of Miami 11201 SW 24th Street Miami FL 33165**

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming. And allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Rules: Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and Metro Aquatic Club of Miami shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect, except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Eligibility: Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 786-255-4695 or email Coach Peppas at maccoach27@aol.com

Deck Change: Changing, in part or whole, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity is prohibited.

Pool/Timing: 50 meters x 25 yards heated outdoor pool, 8 long-course racing lanes with separate warm-up and swim-down lanes available. Friday's Session II will run 7 long-course racing lanes with separate warm-up and swim down lanes. Colorado Timing System® will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 0'0" to 0'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: **Friday April 28, 2017**
Session I – Timed Finals - Warm-up at 4:00 pm. Meet starts at 5:00 pm.
Session II – Timed Finals - Warm-up 4:15 pm. Meet starts at 6:00 pm

Saturday April 29, 2017
Session III – Timed Finals - Warm-up 7:00 am. Meet starts at 8:30 am
Session IV – Timed Finals - Warm-up 11:30 am. Meet starts 1:00pm.

Sunday April 30, 2017
Session V – Timed Finals - Warm-up 7:30 am. Meet starts at 9:00 am

****Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Location: **Tamiami Aquatic Center 11201 SW 24th Street Miami FL 33165**

Directions: From the Florida Turnpike exit at Bird Road/SW 40 Street Exit 23 proceed East on Bird Road/SW 40 Str. turn left (North) at SW

112 Ave continue North on 112 Ave for one mile. Enter Tamiami Park, Pool with be on your left (West). |

Entry: | All entries must be received by April 19, 2017
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!)
E-mail to chrisvalls@icloud.com
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 786 255-4695

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Doubled if not entered electronically.** |

Seeding: | Eligible entries shall be seeded in the following order –
Long Course Meters followed by Short Course Yards followed by Short Course Meters. |

Entry Fees: \$ 3.50 per individual event

Relay Fees: \$ 5.00 per relay

Facility Surcharge: \$ 5.00 per swimmer |

***Entry fees are made payable to “Metro Aquatic Club of Miami”
(note: one check per team)**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part. |

Entry Limit: **10 events max for the meet. Max of 5 on Saturday, 4 on Sunday** |

Meet Limit: The meet will be limited to the first 450 swimmers entered in the meet. If a team’s entry exceeds the 450 swimmer limit, all of that team’s entries will be accepted.

Awards: Individual Events: Medals places: 1st-3rd Ribbons places 4th-8th
Relay Events: Ribbons places 1st- 8th |

Distance Events: The 800 Free will be swum fastest to slowest, alternating women then men. Heats will comprise of 7 lanes.
The 800 Free is a positive check in event
Swimmers must provide their own timer and counters as needed.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered. |

Head Referee: | **Miguel Basalo** |

Meet Director: **Kirk Peppas** |

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues. |

Admission: Admission - \$5 per session. Heat Sheets – free via Meet Mobile |

Information: Call the Teams Office at (786) 255-4695. |

Order Of Events

Session I- Friday April 28, 2017 (Sizzler) Warm-up 4:00 PM Meet Starts: 5:00 PM

Event Number	Event	Age Group
1-2	25 Fly (In Water Start Event)	8 & Under
3-4	25 Back (In Water Start Event)	8 & Under
5-6	25 Breast (In Water Start Event)	8 & Under
7-8	25 Free (In Water Start Event)	8 & Under

Session II- Friday April 28, 2017 Warm-up 4:15 PM Meet Starts: 6:00 PM

Event Number	Event	Age Group
9-10	800 Free*%#	OPEN

Session III- Saturday April 29, 2017 Warm-up 7:00 AM Meet Starts: 8:30 AM

Event Number	Event	Age Group
11-12	50 Fly	12 & Under
13-14	50 Back	12 & Under
15-16	50 Breast	12 & Under
17-18	50 Free	12 & Under
19-20	400IM	12 & Under
21-22	400 Free	12 & Under

Session IV- Saturday April 29, 2017 Warm-up 11:30 AM Meet Starts: 1:00 PM

Event Number	Event	Age Group
23-24	50 Fly	13 & Over
25-26	50 Back	13 & Over
27-28	50 Breast	13 & Over
29-30	50 Free	13 & Over
31-32	400IM	13 & Over
33-34	400 Free	13 & Over

Session III- Sunday April 30, 2017 Warm-up 7:30 AM Meet Starts: 9:00 AM

Event Number	Event	Age Group
35-36	200 Free	12 & Under
37-38	200 Free	13 & Over
39-40	100 Fly	12 & Under
41-42	100 Fly	13 & Over
43-44	200 Back	Open
45-46	100 Breast	12 & Under
47-48	100 Breast	13 & Over
49-50	200 Fly	Open
51-52	100 Back	12 & Under
53-54	100 Back	13 & Over
55-56	200 Breast	Open
57-58	100 Free	12 & Under
59-60	100 Free	13 & Over
61-62	200 IM	12 & Under
63-64	200 IM	13 & Over

% - Awarded by Age Group

- Positive Check-in

*Alternating Girls/Boys

Note_ The 800 Free will be limited to 8 total heats for a total of 56 swimmers.