

MACM Sizzler Meet

May 18, 2018

Tamiami Aquatic Center

Metro Aquatic Club of Miami

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No.

Condition of Sanction: The competition course has been certified in accordance with 104.2.2(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Sponsored by: **Metro Aquatic Club of Miami 11201 SW 24th Street Miami FL 33165**

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming. And allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Rules: Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and Metro Aquatic Club of Miami shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect, except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions

may be granted with prior written approval by the Vice President of Program Operations.

- Eligibility:** Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 786-255-4695 or email Coach Peppas at maccoach27@aol.com
- Deck Change:** Changing, in part or whole, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity is prohibited.
- Pool/Timing:** 50 meters x 25 yards heated outdoor pool, 8 short-course racing lanes with separate warm-up and swim-down lanes available. Colorado Timing System® will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 0'0" to 0'0" depending on lane assignment accordance with 202.3.7 (C).
- Date & Time:** **Friday May 18, 2018**
Session I – Timed Finals - Warm-up 4:00 pm. Meet starts at 5:00 pm

**Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*
- Location:** **Tamiami Aquatic Center 11201 SW 24th Street Miami FL 33165**
- Directions:** From the Florida Turnpike exit at Bird Road/SW 40 Street Exit 23 proceed East on Bird Road/SW 40 Str. turn left (North) at SW

112 Ave continue North on 112 Ave for one mile. Enter Tamiami Park,
Pool with be on your left (West).

Entry: All entries must be received by May 14, 2018
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to chrisvalls@icloud.com
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA
registered. Questions, please contact office at 786 255-4695

**NOTE: Swimmers without registration numbers or birth dates will
not be entered. *** Entry Fees will be Doubled if not entered
electronically.**

Seeding: Eligible entries shall be seeded in the following order –
Short Course Yards followed by Long Course Meters followed by Short
Course Meters.

Entry Fees: \$ 20.00 flat feet

***Entry fees are made payable to “Metro Aquatic Club of
Miami” (note: one check per team)**

Refunds: Once a team or individual entry has been received and processed, there
will be no refunds in full or in part.

Entry Limit: **4 individual events**
Relays unlimited

Meet Limit: The meet will be limited to the first 450 swimmers entered in the meet. If a
team’s entry exceeds the 450 swimmer limit, all of that team’s entries will be
accepted.

Awards: Individual Events: Ribbons: 1st-8th
Relay Events: Ribbons places 1st- 8th
Sizzler 6 & Under, 7 & 8, 9 & 10

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries
permitted into open lanes only on a first-come-first-serve basis. Deadline
for deck entries is 30 min. before start of meet. Policy can be seen at
www.fgcswim.org. All deck entered swimmers must present current USA
Swimming Card in order to be entered.

Head Referee: **Miguel Basalo**

Meet Director: **Kirk Peppas**

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$3 per session. Heat Sheets – free via Meet Mobile

Information: Call the Teams Office at (786) 255-4695.

Order Of Events

Session I- Friday May 18, 2018 (Sizzler) Warm-up 4:00 PM Meet Starts: 5:00 PM

Event Number	Event	Age Group
1-2	25 Fly (In Water Start Event)	6 & Under
3-4	25 Fly (In Water Start Event)	7 & 8
5-6	25 Fly (In Water Start Event)	9 & 10
7-8	25 Back (In Water Start Event)	6 & Under
9-10	25 Back (In Water Start Event)	7 & 8
11-12	25 Back (In Water Start Event)	9 & 10
13-14	25 Breast (In Water Start Event)	6 & Under
15-16	25 Breast (In Water Start Event)	7 & 8
17-18	25 Breast (In Water Start Event)	9 & 10
19-20	25 Free (In Water Start Event)	6 & Under
21-22	25 Free (In Water Start Event)	7 & 8
23-24	25 Free (In Water Start Event)	9 & 10