



Florida Gold Coast Short Course Invitational

September 17, 2016

861 Toney Penna Drive, Jupiter

Jupiter Dragons Swim Team

- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGI091716JDST-P-28**
- Sponsored by:** **Jupiter Dragons Swim Team**
- Rules:** 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All Session are timed finals for all swimmers.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - [561-339-9959—coachkiril@yahoo.com](mailto:coachkiril@yahoo.com)
- Pool/Timing:** 50 Meters x 25 yards heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. Daktronics Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 4'4" to 8'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: **September 17, 2016 Session** Warm-up at 8:00 am. Meet starts at 9:00 am.
**Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Location: North County Aquatic Complex, 861 Toney Penna Drive, Jupiter

Directions: Take I-95 to Exit 87A East (Jupiter/Indiantown Road) or Florida Turnpike to Exit 116 (Jupiter). Go east approximately two miles to Pennock Lane. Turn right/south on Pennock to Toney Penna (½ mile). Turn left on Toney Penna and left again into the pool parking lot. Map to the pool can be found at www.jdswim.com/facility.htm

Entry: All entries must be received by **Monday September 12, 2016**
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to coachkiril@yahoo.com. Confirmation for electronic entries will be sent via e-mail.**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 561-339-9959

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Seeding: Short Course Yard Times will be used for entry and seeding for both sessions.

Entry Fees: \$ 3.50 per individual event

Facility Surcharge: \$ 5.00 per swimmer

***Entry fees are made payable to JDPO (Jupiter Dragons Parent Organization). (note: one check per team)**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: Swimmers are limited to **5 individual events.**

Awards: Medals 1st – 3rd Place Ribbons 4th - 8th Place

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Scott Boggs

Admin Official: Catherine Choy, Pam Hassler and Becky Miklos

Meet Director: Kiril Zahariev (561) 339-9959, email: coachkiril@yahoo.com
Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
Admission: Admission - \$3 per session. Heat Sheets - \$3 per session.
Information: Call the Teams Office at (561) 339-9959.

Order of Events

Session 1: Warm-up 8:00 Meet / Start 9:00 am		
1-2	8 & Under	25 Fly*
3-4	8 & Under	25 Back*
5-6	8 & Under	25 Breast*
7-8	8 & Under	25 Free*
9-10	10 & Under	200 Free
11-12	11 & Over	200 Free#
13-14	10 & Under	50 Back**
15-16	11 & Over	50 Back#
17-18	OPEN	100 Back****
19-20	10 & Under	50 Fly**
21-22	11 & Over	50 Fly#
23-24	OPEN	100 Fly****
25-26	10 & Under	50 Free**
27-28	11 & Over	50 Free#
29-30	12 & Under	100 IM***
31-32	OPEN	200 IM****
33-34	10 & Under	50 Breast**
35-36	11 & Over	50 Breast#
37-38	OPEN	100 Breast****
39-40	10 & Under	100 Free**
41-42	11 & Over	100 Free#
43-44	OPEN	200 Back****+
45-46	OPEN	200 Breast****+
47-48	OPEN	200 Fly****+
49-50	OPEN	500 Free****+

*Separate Age Groups for placing and awards 6 & Under, 7 - 8

**Separate Age Groups for placing and awards 8 & Under, 9 - 10

*** Separated Age Groups for Placing and Awards 10 & Under, 11-12

**** Separated Age Groups for Placing and Awards 10 & Under, 11-12, 13 & Over

Separated Age Groups for Placing and Awards 11-12, 13 & Over

+Will be combined into 1 event if deemed to save time

Take I-95 to Exit 87-A East (Jupiter/Indiantown Road) or Florida Turnpike to Exit 116 (Jupiter). Go east approximately two miles to Pennock Lane. Turn right/south on Pennock to Toney Penna (½ mile). Turn left on Toney Penna and left again into the pool parking lot.

The parking is located East on Toney Penna.
just before BB&T Bank on the North side.
Look for a sign saying **“Parking Swim Meet”**

