

8 & Under Sizzler Meet

May 4, 2018

12200 W. Broward Blvd Plantation, FL 33325

Heritage Aquatic Team

- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGS050418HAT-B-18**
- Sponsored by:** Heritage Aquatic Team and American Heritage School
- Rules** **2018 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and recommended by the referee, will be in effect. Session I is timed finals for all swimmers. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.**
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2018 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host (**WILL or WILL NOT**) be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability Athletes:** All Swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations. 954-325-0400 / coachnobutakatan@gmail.com
- Pool / Timing:** 25 yard x 25 meters heated outdoor pool, 6 short –course racing lanes with separate warm-up and swim-down lanes available. OMEGA Timing System@ will be used.

Date & Time: Friday, May 4, 2018

Session I – Timed finals – Warm-Up at 5:00pm. Meet Start at 5:30pm.

***Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet with USA swimming / FGC guidelines and with Age Group Chair approval.**

Location: American Heritage School – Plantation
12200 W. Broward Blvd. Plantation FL 33325

Entry: All Entry must be received by Monday April 30, 2018
Please enter electronically, NO MAILED entries.
For electronic entries, (CL or SDIL format only!)
Email entries to coachnobutakatan@gmail.com
Confirmation for electronic entries will be sent via e-mail.
****Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact above email.**

NOTE: swimmers without registration numbers or birth dates will not be entered. *Entry fees will be Double if not entered electronically.**

Entry Fees: \$10.00 per swimmer for individual events and Relay

*Entry Fees are made payable to “Heritage Aquatic Team”
(note: one check per team)

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: Up to 4 individual events

Awards:

Individual Events:	1 st – 3 rd	Medals
	4 th – 8 th	Ribbons
Relay Events:	1 st – 3 rd	Medals

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deckentries is 30min before start of the meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA SwimmingCard in order to be entered.

Head Referee: Kathy Fish

Administration Referee: Hannah Fish

Meet Director: Nobutaka Tan

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situationat the meet such as severe weather and equipment issues.

Admission: Admission \$3.00 / per session. Heat Sheet \$2.00 per session.

Information: Call the pool office at (954) 325-0400

ORDER OF EVENTS

Girls	Events	Boys
1	25 FLY 6 & Under	2
3	25 FLY 7 – 8	4
5	25 BACK 6 & Under	6
7	25 BACK 7 – 8 8	
9	25 BREAST 6 & Under	10
11	25 BREAST 7 – 8	12
13	25 FREE 6 & Under	14
15	25 FREE 7 – 8	16
17	100 FREE Relay 8 & Under	18