

Jon Olsen Gold Medal Keys Invite
Long Course
April 29-May 3, 2016
Ron Levy Aquatic Center, Islamorada, FL 33036
Hosted by: Florida Keys Swim Club

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction # FG1042916FKSC-D-5

Sponsored by: **Florida Keys Swim Club**

Rules: Current USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All sessions are timed finals for all swimmers.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: This is a closed invitational. Invitations have been sent to BRST,FLA,SAS,PAQ,PCS,POMP,AZFL,AKS,NSUA,BGS,BISC,GRSC, HSC,MCDA,MS,NMST,SGST,BMHG,MART,CST, CSSC,HAFL,PST,SFTL,ASC,CM,DRSC,CANE,MBS,MSA, Dolphin Swim Club of the Bahamas.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** accept New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations -305-522-0766 -

JACswim@hotmail.com

Pool/Timing: 50/meter heated outdoor pool, 8 **long-course** racing lanes with separate warm-up and swim-down area available. Colorado Timing System® will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C).

Water depth at the start varies from 8'0" to 8'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: **April 29, 2016**

Session I - Timed Finals - Warm-up at 4:00pm. Meet starts at 5:00pm.

April 30, 2016

Session II – Timed Finals - Warm-up 7:30am. Meet starts at 9:00am.

May 1, 2016

Session III – Timed Finals – Warm-up 7:30am. Meet starts at 9:00.

****Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Location: **Ron Levy Aquatic Center, Islamorada, FL**
 87000 Overseas Hwy (U.S. 1)
 Islamorada, FL 33036
 Phone: 305-853-1685

Entry: All entries must be received by **Monday, April 25th**.

PLEASE enter electronically, NO MAILED entries.

For electronic entries (CL or SDIF format only!!)

E-mail to **jacswim@hotmail.com**

Confirmation for electronic entries will be sent via e-mail.

****Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 305-522-0766 or 305-395-9782.**

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Seeding: Use Long course meters times

Entry Fees: \$ 4.00 per individual event

Relay Fees: \$ 8.00 per relay

Facility Surcharge: \$ 8.00 per swimmer

***Entry fees are made payable to “FKSC” (note: one check per team)**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: 4 individual events per swimmer/day plus relays. 10 individual events total for the meet.

Awards: **12 and under:**

Individual Events: Medals places: 1st – 3rd Ribbons places 4th – 8th

Relay Events: Ribbons places 1st – 3rd

****13 and overs must state they want awards**

Distance Events: The 400 Free and 400 IM for all ages are timed finals. **All distance events are positive check in.** For all positive check-in events, swimmers must provide their own timer and counters as needed.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: **David Hammond**

Meet Director: Jon Olsen

Administrative Official: Allan Williams

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$3.00 per session. Heat Sheets – \$2.00 per session.

Information: Call the Teams Office at 305-395-9782

Girls odd #, Boys even #

Friday: **Session I**

Warm-up: 4:00pm Meet Starts: 5:00

Event #	Event	Age Group
1-2	200 Free	10 & Under
3-4	200 Free	11-12
5-6	200 Free	13 & Over
7-8	400 Free	Open
9-10	200 IM	10 & Under
11-12	200 IM	11-12
13-14	200 IM	13 & Over
15-16	400 IM	Open
Event #	Event	Age group
17-18	50 Breaststroke	10 & Under
19-20	50 Breaststroke	11-12
21-22	50 Breaststroke	13 & Over
23-24	200 Breaststroke	Open
25-26	100 Backstroke	10 & Under
27-28	100 Backstroke	11-12
29-30	100 Backstroke	13 & Over
31-32	50 Butterfly	10 & Under
33-34	50 Butterfly	11-12
35-36	50 Butterfly	13 & Over
37-38	200 Butterfly	Open
39-40	100 Freestyle	10 & Under
41-42	100 Freestyle	11-12
43-44	100 Freestyle	13 & Over
45-46	200 Medley Relay	10 & Under
47-48	200 Medley Relay	11-12
49-50	200 Medley Relay	13 & Over

Saturday: **Session II**

Warm-up: 7:30 am Meet start: 9:00 am

Sunday: **Session III**

Warm-up: 7:30am Meet Start: 9:00am

Event #	Event	Age group
51-52	100 Breaststroke	10 & Under
53-54	100 Breaststroke	11-12
55-56	100 Breaststroke	13 & Over
57-58	50 Backstroke	10 & Under
59-60	50 Backstroke	11-12
61-62	50 Backstroke	13 & Over
63-64	200 Backstroke	Open
65-66	100 Butterfly	10 & Under
67-68	100 Butterfly	11-12
69-70	100 Butterfly	13 & Over
71-72	50 Freestyle	10 & Under
73-74	50 Freestyle	11-12
75-76	50 Freestyle	13 & Over
77-78	200 Free Relay	10 & Under
79-80	200 Free Relay	11-12
81-82	200 Free Relay	13 & Over