Gulliver Winter Invite February 17-18, 2018

17191 Sheridan Street Pembroke Pines, FL 33331 Hosted by: SoFlo Aquatic Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No #FGI021618GRSC-B-07

Sponsored by: Gulliver Swim Club and SoFlo Aquatic Team

Rules: 2018 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2018 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host <u>WILL NOT</u> be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - (305) 666-7937 ext. 1471 – leonj@gulliverschools.org

Pool/Timing: 25 yard x 50 meter heated outdoor competition pool. Ten lanes will be utilized for competition and the remaining lanes will be utilized for warm up, warm down purposes. Colorado Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 6'9" to 8'6" depending on lane assignment accordance with 202.3.7 (C).

Date & Time:

Friday, February 16, 2018

Session I- Timed Finals- Warm up 4:00 PM. Meet Starts at 5:00 PM

Saturday, February 17, 2018

Session II- Timed Finals - Warm-up 8:00am. Meet starts at 9:00am Session III - Timed Finals - Warm-up 1:00 PM. Meet starts at 2:00 PM

Sunday, February 18, 2018

Session IV - Timed Finals - Warm-up 8:00am. Meet starts at 9:00am Session V - Timed Finals - Warm-up 1:00 PM. Meet starts at 2:00 PM

*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Location:

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Entry: All entries must be received by Tuesday, February 6, 2018. Please enter electronically via Hy-Tek in CL2 or SDIF format only. Non-electronic entries will not be accepted. Please email entries to leonj@gulliverschools.org Confirmation for electronic entries will be sent via e-mail. Submission of electronic entries signifies that all swimmers are USA registered.

NOTE: Swimmers without registration numbers or birth dates will not be entered. *** Entry Fees will be <u>Double</u> if not entered electronically.

Seeding: Will be seeded in SCY, fastest to slowest. All sessions will be held as Timed Finals.

Event Entry Fees: \$ 3.50 per individual event

\$ 5.00 per swimmer facility surcharge

*Entry Fees should be made payable to "Gulliver Swim Club". Please note only one check per team.

Refunds: Once a team or individual entry has been received and processed, there will be no refunds- in full or in part, unless FGC rule 1.17a.i-v applies.

Entry Limit:

Eight (8) individual events for the meet with no more than four (4) individual events per session.

Note: 500 Swimmer Meet Cut Off

Meet Limit: The meet will be limited to the first 500 swimmers entered in the meet. If a team's entry exceeds the 500 swimmer limit, all of that team's entries will be accepted.

Awards: Individual Events: Medals $1^{st} - 3^{rd}$ places Ribbons $4^{th} - 8^{th}$ for each age group: 10 and under, 11-12, Open.

Distance Events: The 1650 Free, 500 Free, and 400 IM will be swum alternating women than men, fastest to slowest. All distance events are positive check in and swimmers must provide their own timer and counters as needed. **The 1650 Free, 400 IM and 500 Free will be limited to the top 40 swimmers of each gender**.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 minutes before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Fabio Meira

Admin. Official: Teresa Garcia Assisting: Gina Wall / Liz Rosenthal

Meet Director: Jackson Leonard (305) 666-7937 ext. 1471 or email: leonj@gulliverschools.org

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission- \$6.00 per session. **Heat Sheets – Posted online**

Information: Email: leonj@gulliverschools.org

Concessions: Concessions will be provided.

Hospitality: Refreshments and hospitality for coaches, officials and volunteers will be available.

Gulliver Meet Warm-up Procedures

All Sessions:

Competition Pool:

40 minutes - General Warm up

Swimming and Pulling Only, Push off, No racing starts No sprinting or pace work

15 minutes - Controlled Warm up

Lane 1 – Pace Lane

Lane 2 – Pace Lane

Lane 3 – Racing Starts, One Way Sprints

Lane 4 – Racing Starts, One Way Sprints

Lane 5 – General Warm up

Lane 6 – General Warm up

Lane 7 – Racing Starts, One Way Sprints

Lane 8 – Racing Starts, One Way Sprints

Lane 9 – Pace Lane

Lane 10 – Pace Lane

*Competition Pool will close 5 minutes prior to the start of the meet

Warm Down Pool:

Will follow general warm up procedure Swimming and Pulling Only, Push Off, No racing starts, sprinting or pace work

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Women	ORDER OF EVENTS	Men
Event	Session I	Event
_	Warm Up: 8:00 AM, Meet Start: 9:00 AM	
1	Open 1650 Free	2
	Session II	
	Warm Up: 8:00 AM, Meet Start: 9:00 AM	
3	13 and Over 200 Free	4
5	13 and Over 200 Back	6
7	13 and Over 100 Breast	8
9	13 and Over 50 Free	10
11	13 and Over 200 Fly	12
13	13 and Over 500 Free	14
	Session III	
	Warm Up: 1:00 PM, Meet Start: 2:00 PM	
15	12 and Under 200 Free	14
17	12 and Under 100 Back	16
19	12 and Under 50 Breast	18
21	12 and Under 50 Free	20
23	12 and Under 100 Fly	22
	Session IV	
	Warm Up: 8:00 AM, Meet Start: 9:00 AM	_
25	13 and Over 200 IM	26
27	13 and Over 100 Free	28
29	13 and Over 200 Breast	30
31	13 and Over 100 Fly	32
33	13 and Over 100 Back	34
35	13 and Over 400 IM	36
	Session V	
	Warm Up: 1:00 PM, Meet Start: 2:00 PM	
37	12 and Under 100 IM	38
39	12 and Under 100 Free	40
41	12 and Under 100 Breast	42
43	12 and Under 50 Fly	44
45	12 and Under 50 Back	46