



Panther Summer Solstice Invitational

June 3-5, 2016

Pine Crest School, Schlesinger Aquatics Center
1501 Northeast 62nd Street, Fort Lauderdale, FL 33334

Pine Crest Swimming

- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. FGI060316PCS-B-20
- Sponsored by:** **Pine Crest Swimming / Pine Crest School**
- Rules:** 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 954-492-4173—swimming@pinecrest.edu
- Pool/Timing:** **Ralph T. Friedman Jr. Pool – 50 meters**
50 meters x 25 yards heated outdoor pool, 8 x 25 yard separate warm-up and swim-down lanes available. Omega Timing System® will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 4'3" to 7'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time:

Friday, June 3, 2016

Session I - Timed Finals - Warm-up at 4:00pm. Meet starts at 5:00pm.

Saturday, June 4, 2016

Session II – Timed Finals - Warm-up 7:30am. Meet starts at 9:00am

Session III – Timed Finals – Meet starts 15min after Session II ends.

Sunday, June 5, 2016

Session IV – Timed Finals - Warm-up 7:30am. Meet starts at 9:00am

****Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Location:

**Pine Crest School
Schlesinger Aquatics Center
Ralph T. Friedman Jr. Pool
1501 Northeast 62nd Street
Fort Lauderdale, FL 33334**

Directions:

**From I-95, North or South
Take Cypress Creek Blvd East
Cypress Creek Blvd turns into 62nd Street
Go over the railroad tracks
Parking Garage will be on your left hand side
Walk east along the covered walkway, through the tunnel until you
See the Schlesinger Aquatics Center on your left, near the Hall of
Fame Wall**

Entry:

**All entries must be received by May 25, 2016
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to swimming@pinecrest.edu fax 954-492-4169
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA
registered. Questions, please contact office at 954-492-4173**

**NOTE: Swimmers without registration numbers or birth dates will
not be entered. *** Entry Fees will be Double if not entered
electronically.**

Seeding:

**Eligible entries shall be seeded in the following order – LCM followed by
SCY. Friday night events – will be positive check-in – 400IM, 800 Free &
1500 Free will be swum Fastest to Slowest.**

Entry Fees: \$ 3.50 per individual event

Relay Fees: No Relays

Facility Surcharge: \$6.00 per swimmer |

***Entry fees are made payable to “Pine Crest Swimming”
(note: one check per team)**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part. |

Entry Limit: **350 swimmers or 4 Hour Rule**
No more than 4 individual entries per day |

Awards: Only given to 10 & Under's & 11-12 Age Group |

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered. |

Head Referee: **David Hammond** |

Meet Director: **Mariusz Podkoscielny**

Meet Admin: **Donna Flores** |

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues. |

Admission: Admission - \$3.00 per session. Heat Sheets - \$2.00 per session. |

Information: Call Pine Crest Swim Office at 954-492-4173. |



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June 3-5, 2016

Session I: Panther Summer Solstice – Day 1

Heat Starts at 5:00pm

- Event 1 Girls 400IM Open
- Event 2 Boys 400IM Open
- Event 3 Girls 800 Freestyle Open
- Event 4 Boys 1500 Freestyle Open

Session II: Panther Summer Solstice – Day 2

Heat Starts at 9:00am

- Event 5 Girls 200IM Open
- Event 6 Boys 200IM Open
- Event 7 Girls 10 & Under 50 Butterfly
- Event 8 Boys 10 & Under 50 Butterfly
- Event 9 Girls 11-12 50 Butterfly
- Event 10 Boys 11-12 50 Butterfly
- Event 11 Girls 50 Butterfly Open
- Event 12 Boys 50 Butterfly Open
- Event 13 Girls 200 Backstroke Open
- Event 14 Boys 200 Backstroke Open
- Event 15 Girls 10 & Under 50 Freestyle
- Event 16 Boys 10 & Under 50 Freestyle
- Event 17 Girls 11-12 50 Freestyle
- Event 18 Boys 11-12 50 Freestyle
- Event 19 Girls 50 Freestyle Open
- Event 20 Boys 50 Freestyle Open
- Event 21 Girls 10 & Under 100 Breaststroke
- Event 22 Boys 10 & Under 100 Breaststroke
- Event 23 Girls 11-12 100 Breaststroke
- Event 24 Boys 11-12 100 Breaststroke
- Event 25 Girls 100 Breaststroke Open
- Event 26 Boys 100 Breaststroke Open
- Event 27 Girls 10 & Under 100 Backstroke
- Event 28 Boys 10 & Under 100 Backstroke
- Event 29 Girls 11-12 100 Backstroke
- Event 30 Boys 11-12 100 Backstroke
- Event 31 Girls 100 Backstroke Open
- Event 32 Boys 100 Backstroke Open
- Event 33 Girls 200 Butterfly Open
- Event 34 Boys 200 Butterfly Open

Session III: Panther Summer Solstice – Day 2

Heat Starts 15 minutes after Session II

Event 35 Girls 400 Freestyle

Event 36 Boys 400 Freestyle

Session IV: Panther Summer Solstice – Day 3

Heat Starts at 9:00am

Event 37 Girls 200 Freestyle Open

Event 38 Boys 200 Freestyle Open

Event 39 Girls 10 & Under 50 Breaststroke

Event 40 Boys 10 & Under 50 Breaststroke

Event 41 Girls 11-12 50 Breaststroke

Event 42 Boys 11-12 50 Breaststroke

Event 43 Girls 50 Breaststroke Open

Event 44 Boys 50 Breaststroke Open

Event 45 Girls 10 & Under 100 Freestyle

Event 46 Boys 10 & Under 100 Freestyle

Event 47 Girls 11-12 100 Freestyle

Event 48 Boys 11-12 100 Freestyle

Event 49 Girls 100 Freestyle Open

Event 50 Boys 100 Freestyle Open

Event 51 Girls 10 & Under 50 Backstroke

Event 52 Boys 10 & Under 50 Backstroke

Event 53 Girls 11-12 50 Backstroke

Event 54 Boys 11-12 50 Backstroke

Event 55 Girls 50 Backstroke Open

Event 56 Boys 50 Backstroke Open

Event 57 Girls 200 Breaststroke Open

Event 58 Boys 200 Breaststroke Open

Event 59 Girls 10 & Under 100 Butterfly

Event 60 Boys 10 & Under 100 Butterfly

Event 61 Girls 11-12 100 Butterfly

Event 62 Boys 11-12 100 Butterfly

Event 63 Girls 100 Butterfly Open

Event 64 Boys 100 Butterfly Open