

14 & Under Panther Invite

February 13 - 14, 2016

1501 Northeast 62nd Street
Fort Lauderdale, FL 33334

Pine Crest Swimming

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGI021316PCS-B-01**

Sponsored by: **Pine Crest Swimming**

Rules: 2016 Current USA Swimming and Florida Gold Coast rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect. All sessions are timed finals for all swimmers.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 14 & Under 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3

The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations- 954-492-4173 - swimming@pinecrest.edu

Pool/Timing: 25yard/meters x 25 yards/meters heated outdoor pool, 8

short-course racing lanes with separate warm-up and swim-down lanes available. Omega Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 6'8" to 4'8" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: 02/13/2016

Session I - Timed Finals - Warm-up at 7:30 am Meet starts at 9:00 am.

Session II – Timed Finals – Meet starts 10 minutes after Session I ends

02/14/2016

Session III – Timed Finals - Warm-up 7:30 am Meet starts at 9:00am

Session IV – Timed Finals – Meet starts 10 minutes after Session III ends

****Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Location: Pine Crest School

**Woodson Pool: 1501 Northeast 62nd Street
Fort Lauderdale, Florida 33334**

Directions: From 1-95 exit Cypress Creek East

- **Cross railroad crossing, road changes to NE 62nd Street**
- **Pine Crest School will be on your left hand side**
- **Park in the multi-story parking garage on the west side of campus, just past the railroad crossing.**

Entry: All entries must be received by **Wednesday, February 3, 2016**
PLEASE enter electronically, NO MAILED entries.

For electronic entries (CL or SDIF format only!!)

E-mail to swimming@pinecrest.edu (please follow up with a separate e-mail immediately informing us the entries have been sent as e-mails with zip file attachments are held in the quarantine area with the technology department).

Confirmation for electronic entries will be sent via e-mail.

****Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 954-492-4173**

NOTE: Swimmers without registration numbers or birth dates will not be entered.

***** Entry Fees will be Double if not entered electronically.**

Entry Fees: \$ 3.25 per individual event

Facility Surcharge: \$ 4.00 per swimmer

***Entry fees are made payable to “Pine Crest Swimming”**
(note: one check per team)

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: 4 Individual Events per Day

Entry Athlete Limit: 400 swimmers (or 4 hour rule)

Awards: Individual Events: Medals places: 1-3 Ribbons places: 4-8

Distance Events: The 1650 free, 500 free and 400 IM for all ages will be swum alternating women than men, fastest to slowest. **All distance events are positive check in**

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: David Hammond

Meet Director: Mariusz Podkoscielny

**Administrative
Official:** Donna Flores

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$2.00 per session. Heat Sheets - \$3.00 per session.

Information: Call the Teams Office at 954-492-4173.

ORDER OF EVENTS

- Girls odd#, Boys even#

Saturday – Session 1

Warm-up – 7:30am

Start of Meet – 9:00am

Event #	Event	Age Group
1-2	200 Individual Medley	10 & under
3-4	200 Individual Medley	11-12
5-6	200 Individual Medley	13 -14
7-8	50 Butterfly	10 & under
9-10	50 Butterfly	11-12
11-12	50 Butterfly	13 -14
13-14	100 Freestyle	10 & under
15-16	100 Freestyle	11-12
17-18	100 Freestyle	13 -14
19-20	100 Backstroke	10 & under
21-22	100 Backstroke	11-12
23-24	100 Backstroke	13 -14
25-26	50 Breaststroke	10 & under
27-28	50 Breaststroke	11-12
29-30	50 Breaststroke	13 -14
Saturday - Session 2	10 min Break	
31-32	500 Freestyle	11 – 14

Sunday – Session 3

Warm- up – 07:30am

Start of meet – 9:00am

Event #	Event	Age Group
33-34	200 Freestyle	10 & under
35-36	200 Freestyle	11-12
37-38	200 Freestyle	13 -14
39-40	100 Individual Medley	10 & under
41-42	100 Individual Medley	11-12
43-44	100 Individual Medley	13 -14
45-46	100 Butterfly	10 & under
47-48	100 Butterfly	11-12
49-50	100 Butterfly	13 -14
51-52	50 Freestyle	10 & under
53-54	50 Freestyle	11-12
55-56	50 Freestyle	13 -14
57-58	100 Breaststroke	10 & under
59-60	100 Breaststroke	11-12
61-62	100 Breaststroke	13 -14
63-64	50 Backstroke	10 & under
65-66	50 Backstroke	11-12
67-68	50 Backstroke	13 -14
Sunday – Session 4	10 min Break	
69-70	400IM	11 - 14
71-72	1650 Freestyle	11 - 14