Ruby Horgan Sprint Invitational December 10, 2016

11201 SW 24th St Miami FL 33165 **Metro Aquatic Club of Miami**

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. FGI121016MACM-D-15

Sponsored by: Metro Aquatic Club of Miami

Rules: 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host <u>WILL NOT</u>) be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 786-255-4695, or, maccoach27@aol.com

Pool/Timing: 25 yards x 50 meters heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. Colorado Timing System® will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C).

Water depth at the start varies from 0'0" to 0'0" depending on lane

Date & Time: Session Date

Session I - Timed Finals - Warm-up at 8:00 am. Meet starts at 9:00 am. **Session II** - Timed Finals - Warm-up 10:30am. Meet starts at 12:00pm

*Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Location: Tamiami Aquatic Center 11201 SW 24 Street Miami, FL 33165

Directions: From the Turnpike exit on Bird Road/40th Street Exit 23rd. Head East on Bird Rd/40 St. Turn left (north) on 112 Avenue. Continue north 1 mile and enter Tamiami Park.

Entry: All entries must be received by Saturday December 3, 2016 PLEASE enter electronically, NO MAILED entries.

For electronic entries (CL or SDIF format only!!)

E-mail to chrisvalls@icloud.com

Confirmation for electronic entries will be sent via e-mail.

**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at

NOTE: Swimmers without registration numbers or birth dates will not be entered. *** Entry Fees will be <u>Double</u> if not entered electronically.

Seeding: Eligible entries shall be seeding short course yards, followed by short course meters then long course meters.

Entry Fees: \$ 3.25 per individual event

Relay Fees: \$ 5.00 per relay **Facility Surcharge:** \$ 3.00 per swimmer

*Entry fees are made payable to "Metro Aquatic Club of Miami" (note: one check per team)

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: 5 events per session. Swimmers can only enter one session.

Awards: Individual Events: Medals places: 1st – 3rd Ribbons places 4th – 8th

Relay Events: Ribbons places 1st – 8th

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Miguel Basalo

Meet Director: Kirk Peppas

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$5 per session. Includes Heat Sheets.

Information: Call the Teams Office at (786) 255-4695.

Session 1: Timed Finals Warm up 8:00am Meet starts at 9:00am

EVENT NUMBER	EVENT	AGE GROUP
1-2	100 FREE RELAY	6 & UNDER
3-4	200 FREE RELAY	8 & UNDER
5-6 (#)	25 FLY (IN WATER START)	8 & UNDER
7-8(*)	50 FLY	7 & 8
9-10 (#)	25 BACK (IN WATER START	8 & UNDER
11-12(*)	50 BACK	7 & 8
13-14 (#)	25 BREAST (IN WATER START)	8 & UNDER
15-16(*)	50 BREAST	7 & 8
17-18 (#)	25 FREE (IN WATER START)	8 & UNDER
19-20 (#)(*)	50 FREE	7 & 8
21-22 (#)(*)	100 IM	8 & UNDER
23-24	200 MEDLEY RELAY	8 & UNDER
	10 MINUTE BREAK	
	AWARD CEREMONY	

^(#) Swam together, scored as 6 & Under, 7 & 8. Qualifying events for 6 & Under High Point awards

^(*) Qualifying events for 7 & 8 Year old High Point Awards

Session II: Timed Finals. Warm up 10:30am. Meet starts at 12:00pm

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EVENT	AGE GROUP	
50 FLY	9 & 10	
50 FLY	11 & 12	
50 FLY	13 & 14	
50 FLY	15 & OVER	
50 BACK	9 & 10	
50 BACK	11 & 12	
50 BACK	13 & 14	
50 BACK	15 & OVER	
50 BREAST	9 & 10	
50 BREAST	11 & 12	
50 BREAST	13 & 14	
50 BREAST	15 & OVER	
50 FREE	9 & 10	
50 FREE	11 & 12	
50 FREE	13 & 14	
50 FREE	15 & OVER	
100 IM	9 & 10	
100 IM	11 & 12	
100 IM	13 & 14	
100 IM	15 & OVER	
	EVENT 50 FLY 50 FLY 50 FLY 50 FLY 50 FLY 50 BACK 50 BACK 50 BACK 50 BACK 50 BREAST 50 BREAST 50 BREAST 50 BREAST 50 FREE 50 FREE 50 FREE 100 IM 100 IM	