

SOFL Sizzler

Academic Village Pool, Pembroke Pines, Florida

Saturday, August 13, 2016

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. **Sanction No. FGS081316SOFL-B-25**

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE**

TAKE 2ND ENTRANCE INTO FACILITY.

Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO Facility.**

Date & Time:

Date	Warm-up	Meet Start
Saturday, August 13 th	9:00 am	10:00 am

****All events are timed finals. Meet director reserves the right to change meet warm-up, start times, in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Rules: 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Pool/Timing: 25 Yard x 50 meter heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2 (C). Fly-over starts will possibly be used. Water depth at competition start end of pool varies from 6'7" to 8'6" depending on lane assignment, in accordance with 202.3.7©. Colorado Timing System® will be used.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3. The Meet Host **WILL NOT** be accepting new or renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 954-538-3721--
info@swim4comets.com

Entry: All entries must be received by Friday, **August 5th, 2016.**
PLEASE enter electronically, NO MAILED entries.

For electronic entries (CL or SDIF format only!!)

E-mail to **info@swim4comets.com** fax (954) 392-4107

Confirmation for electronic entries will be sent via e-mail.

****Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 538-3721.**

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be double if not entered electronically..**

Entry Fees: \$9.00 Flat Fee

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: 4 Individual Events + 1 Relay

Awards: Individual Events: Ribbons 1st – 8th place
Relay Events: Ribbons 1st – 3rd place

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present

current USA Swimming Card in order to be entered.

Head Referee: Steve Swanson

Meet Director: Luis Soler

Admin. Official: Nestor Mateus

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet, such as severe weather and equipment issues.

Admission: Admission - \$2.00 per session. Heat Sheets - \$2.00 per session.

Information: Call the Comets Swim Office at (954) 538-3721

**Girls odd #, Boys even #.
Saturday, August 13, 2016
Warm up: 9:00am Start: 10:00am**

Event #	Event	Age Group
1-2	25 Fly	6 & Under
3-4	25 Fly	7-8
5-6	25 Back	6 & Under
7-8	25 Back	7-8
9-10	25 Breast	6 & Under
11-12	25 Breast	7-8
13-14	25 Free	6 & Under
15-16	25 Free	7-8
17-18	100 Freestyle Relay	8 & Under