2019 FGC NMST Open\Dade Sprint Champs

At Miami Dade College North Campus North Miami Swim Team Friday - December 6 & Saturday - December 7, 2019

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming,

Inc.: Sanction #FGI120619NMST-D-19

Condition of Sanction:

The competition course has been certified in accordance with 104.2.2 (C). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Sponsored by: North Miami Swim Team and the City of North Miami

2019 USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and North Miami Swim Team shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Deck Changing. Except where venue facilities require otherwise, changing, in part or whole, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity is prohibited.

MAAPP. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this meet.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

FGC Conflict of Interest Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Rules:

Coaches/Deck Pass: Coaches must display current USA-S ID and/or possess Deck Pass at all times

with all coaching certifications current.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect

> at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred

from the facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official

photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such

competition.

Eligibility: No swimmer will be permitted to compete unless the swimmer is a member as

> provided in Article 302. The meet is open to all current 2019 USA swimming registered athletes and foreign athletes with proper travel credentials who have been

invited by USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure

compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host WILL NOT accept New or Renew USA Swimming registrations at the meet. All USA Registrations must be done prior to the start

of the competition.

Disability Athletes: Swimmers with a disability are welcome at this meet. The coach or entry

chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Please contact the pool office ahead of time to allow for preparations 786 255-5301 or email kenny@swimneptunes.com

25 yard heated outdoor pool, 9 short-course racing lanes with separate warmup

and swim down lanes available. Colorado Timing System will be used. Fly-over starts will possibly be used. Water depth at the start varies from 6'0" to 7'6"

depending on lane assignment in accordance with 202.3.7 (C).

Date & Time: December 6 & 7, 2019

> **Session I** (Friday) – timed finals – warm up 4:15 pm. meet starts at 5:15 pm Session II (Saturday) – timed finals – warm up 7:30 am. meet starts at 8:30 am Session III (Saturday) – timed finals – warm up 12:30 am, meet starts 1:00 pm

NOTE* *Positive check in for 400 IM before 5:15 pm. 400 IM event will be limited to

the top fastest 18 girls/boys. NT entries for 400 IM will not be accepted. 400

IM swimmers are responsible for their own timer and lap counter.

*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC

guidelines and with Age Group Chair approval.

Pool/Timing:

Location: Miami Dade College North

11380 NW 27th Ave Miami, FL 33167.

Directions: Take 27th Ave to 119th Street, Go West on 119th to First Light, turn Left, take first Right

(1 Block) Pool is second building on Left (South Side)

Parking is across the street

Entry: All entries must be received by Thursday, November 27, 2019

PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!)

E-mail to **kenny@swimneptunes.com**, cc andrew@swimneptunes.com.

Confirmation for electronic entries will be sent via e-mail.

**Submission of electronic entries signifies that all swimmers are USA registered. For any further questions call Team Office 786 255 - 5301.

NOTE: Electronic entries can only be accepted from USA-S Registered Clubs. Others must be submitted in 'Non Electronic form"

Non-registered or nonexistent teams must submit entries for swim meets by email with the information about the athletes (date of birth, name, USA-S ID#, events and entry times). The entries are considered <u>deck entries</u> since they have to be entered manually and they will be charged accordingly, which currently is double the stated amount in the meet announcement. There will be a \$30 processing fee for five or more non electronic entries.

NOTE: Swimmers without registration numbers or birth dates will not be entered. *** Entry Fees will be Double if not entered electronically.

Seeding: Yards Times will be used for seeding.

Entry Fees: For all events except 25's \$4.00 per individual event

For all 25's \$ 3.50 per individual event

Relays \$ 8.00

Facility Surcharge: \$ 8.00 per swimmer (Heat Sheets will be Free on Line)

*Entry fees are made payable to "North Miami Swim Team"

(note: one check per team) NOTE: 2% surcharge for credit card payments

Refunds: Once a team or individual entry has been received and processed, there will be

no refunds unless FGC rule 1.17 a.i.v applies.

Entry Limit: Session I

Maximum of 3 individual events.

Note:* Session I is limited to 2 1/2 hours, number of entries may be adjusted

if necessary.

Sessions II & III

Five individual events and two relays, seven total events. Relays limited to

A and B teams only. 400 IM limited to top 18 fastest girls/boys.

Awards: Individual Events 8 & Under Ribbons 1-8

Individual Events (not 8 & Under) Medals 1-3: Ribbons 4-8

Relays Events Ribbons 1-3

25's will be awarded 6 & under and 7 & 8

10 & under events will be awarded as 10 & under 8 & under 100 IM awarded as 6 & under, 7 & 8 11 & 12 events will be awarded as 11 & 12

Open 100's events will be awarded as 13 & 14, 15 & Over

Open 200's will be awarded as open only

Special Awards: Individual High Point Trophies

6 & under Girls and Boys
7 & 8 Girls and Boys
9 & 10 Girls and Boys
11 & 12 Girls and Boys
13 & 14 Girls and Boys
Open Girls and Boys

Scoring Events 6 & under 7 & 8 - all 25's and 8 & under 100 IM

10 & under, - 11 & 12 all 50's and 100 IM 13 & 14 - all Open 100's and 100 IM 15 & Over - all Open 100's and 100 IM

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries

permitted into open lanes only on a first-come-first-serve basis. Deadline for

deck entries is 30 min. before start of meet. Policy can be seen at

www.fgcswim.org. All deck entered swimmers must present current USA

Swimming Card in order to be entered.

Head Referee: Dana Sibley
Meet Director: Kenny Vigille
Admin Official: Andrew Witcher

Meet Committee: A meet committee may be created by the meet referee to handle issues

pertaining to non-rule situations at the meet such as severe weather and

equipment issues.

Admission: Admission - \$5 per session. Heat Sheets – Free on our web site by Thursday,

December 5, 2019 or on Meet Mobile.

Information: Call the Teams Office at 786 255-5301.

FGC NMST Open Invite December 6, 2019

Se	ession I warmup – 4:15 pm Meet Start – 5:15 pm	
Event #	Event	Age Group
1 - 2	200 IM	Open
3 – 4	200 Back	Open
5 – 6	200 Fly	Open
7 – 8	200 Breast	Open
9 - 10	200 Free	Open
11 - 12	400 IM	Open
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Open 200's will be awarded as Open only 400 IM's will be swum fastest to slowest, Alt Female & Male, and awarded as Open only

400 IM limited to top 18 fastest girls/boys
NT will not be accepted for 400 IM
400 IM swimmers are responsible for their own timer
Positive check in for 400 IM's before 5:00 pm

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Session II warmup - 7:30 am Meet Start - 8:30 am			
Event #	Event	Age Group	
13 - 14	200 Medley Relay	Open	
17 - 18	100 Back	Open	
19 - 20	50 Back	Open 11 - 12	
27 - 28	100 Fly	Open	
29 - 30	50 Fly	11 - 12	
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37 - 38	100 Free	Open	
39 - 40	50 Free	11 - 12	
43 - 44	100 Breast	Open	
45 - 46	50 Breast	11 - 12	
51 - 52	100 IM	Open	
53 - 54	100 IM	11 - 12	
57 - 58	200Free Relay	Open	

Session III start time maybe adjusted or combined based on Session II time line after entries have been received.

25's will be awarded as 6 & under and 7 & 8
10 & under events will be awarded as 10 & under
8 & under 100 IM awarded as 6 & under, 7 & 8
11 – 12 events will be awarded as 11 & 12
Open 100's events will be awarded as 13 & 14, 15 & over
Relays awarded as Open, 10 & under

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Session III warmup - 12:30 am Meet Start - 1:00 am			
Event #	Event	Age Group	
15 - 16	200 Medley Relay	10 & Under	
21 - 22	50 Back	10 & Under	
23 - 24	25 Back	8 & Under	
25 - 26	25 Fly	8 & Under	
31 - 32	50 Fly	10 & Under	
33 - 34	25 Breast	8 & Under	
35 - 36	25 Free	8 & Under	
41 - 42	50 Free	10 & Under	
47 - 48	50 Breast	10 & Under	
49 - 50	100 IM	8 & Under	
55 - 56	100 IM	10 & Under	
59 - 60	200 Free Relay	10 & Under	

Session III start time maybe adjusted or combined based on Session II time line after entries have been received.

25's will be awarded as 6 & under and 7 & 8
10 & under events will be awarded as 10 & under
8 & under 100 IM awarded as 6 & under, 7 & 8
11 – 12 events will be awarded as 11 & 12
Open 100's events will be awarded as 13 & 14, 15 & over
Relays awarded as Open, 10 & under



