



FGC 2020

SWIMPOSIUM



Saturday, April 4, 2020

Pembroke Pines Charter High

17191 Sheridan Street, Pembroke Pines FL 33331

Event Schedule

Athlete Clinic:

Mutual of Omaha Breakout Clinic

8:30am-12pm (12 & Older) Aaron Peirsol & Josh Davis

11:30am-3pm (11 & Under) Aaron Peirsol & Josh Davis



FGC Athlete Clinic:

including Safe Sport presentation

9-11:30am (11 & Under) - FGC Dryland Clinic

12:30pm-3pm (12 & Older) -FGC Dryland Clinic



SAFE SPORT

Lunch

11:30am-12:30pm

Breakout Clinic and

Information:

www.fgcswwim.org

FGC Awards Ceremony

Athletes & Families

3:00pm-4:00pm

(For FGC Record Breakers 2019, Zone Team 2019, Top 5 Swimmers at each age 9, 10, 11, 12, 13, 14 for period from Sept 1,2018-Aug 31,2019)