#### **Gulliver Winter Invite 2019**

February 15-17, 2019 **Location**: Gulliver Preparatory Aquatic Center 6575 N Kendall Drive, Miami, FL 33156

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming,

Inc.: Sanction No # FGI021519GRST-D-05

**Sponsored by**: Gulliver Swim Club

**Rules**: 2019 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**Camera Free:** The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**Eligibility**: Open to all current 2019 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

**Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - (305) 666-7937 ext. 1471 – <u>leonj@gulliverschools.org</u>

**Pool/ Timing**: 25 yard x 50 meter heated outdoor competition pool. Ten lanes will be utilized for competition and the remaining lanes will be utilized for warm up, warm down purposes. Colorado Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 6'9" to 8'6" depending on lane assignment accordance with 202.3.7 (C).

#### Date & Time: Friday, February 15, 2019

Session I- Timed Finals- Warm up 4:00 PM. Meet Starts at 5:00 PM

Saturday, February 16, 2019

Session II- Timed Finals - Warm-up 8:00am. Meet starts at 9:00am

Session III - Timed Finals – Warm-up 1:00 PM. Meet starts at 2:00 PM

Sunday, February 17, 2019

Session IV - Timed Finals - Warm-up 9:00am. Meet starts at 10:00am

Session V - Timed Finals – Warm-up 2:00 PM. Meet starts at 3:00 PM

\*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

**Entry**: All entries must be received by Tuesday, February 5, 2019. Please enter electronically via Hy-Tek in CL2 or SDIF format only. Non-electronic entries will not be accepted. Please email entries to leonj@gulliverschools.org Confirmation for electronic entries will be sent via e-mail. Submission of electronic entries signifies that all swimmers are USA registered.

\*Non-registered or nonexistent teams must submit entries for swim meets by e-mail with the information about the athlete (date of birth, name, USA-S ID#, events and entry times). The entries are considered <u>deck entries</u> since they have to be entered manually and they will be charged accordingly, which currently is double the stated amount in the meet announcement.

NOTE: Swimmers without registration numbers or birth dates will not be entered. \*\*\* Entry Fees will be Double if not entered electronically.\*\*\*

**Seeding**: Will be seeded in SCY, fastest to slowest. All sessions will be held as Timed Finals.

**Event Entry Fees:** \$ 3.50 per individual event

\$ 5.00 per swimmer facility surcharge

\*Entry Fees should be made payable to "Gulliver Swim Club". Please note only one check per team.

**Refunds**: Once a team or individual entry has been received and processed, there will be no refunds- in full or in part, unless FGC rule 1.17a.i-v applies.

**Entry Limit:** Eight (8) individual events for the meet with no more than four (4) individual events per session. **Note: Strict 500 Swimmer Meet Cut Off** 

**Meet Limit:** The meet will be limited to the first 500 swimmers entered in the meet. If a team's entry exceeds the 500-swimmer limit, all of that team's entries will be accepted.

**Awards**: Individual Events: Medals 1st - 3rd places Ribbons 4th - 8th for each age group: 10 and under, 11-12, Open.

**Distance Events:** The 1650 Free, 500 Free, and 400 IM will be swum alternating women than men, fastest to slowest. All distance events are positive check in and swimmers must provide their own timer and counters as needed. The 1650 Free, 400 IM and 500 Free will be limited to the top 40 swimmers of each gender.

**Warm Up Procedures**: Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

**Deck Entries**: No deck entries will be accepted.

Head Referee: Fabio Meira

Admin. Official: Liz Rosenthal

**Meet Director:** Jackson Leonard (305) 666-7937 ext. 1471 or email: leonj@gulliverschools.org

**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Admission**: Admission- \$6.00 per session. Heat Sheets – Posted online

Information: Email: <a href="mailto:leonj@gulliverschools.org">leonj@gulliverschools.org</a>

**Concessions**: Concessions will be provided.

**Hospitality**: Refreshments and hospitality for coaches, officials and volunteers will be available.

Gulliver Meet Warm-up Procedures
All Sessions:

Competition Pool:

40 minutes –

## General Warm up

Swimming and Pulling Only, Push off, No racing starts No sprinting or pace work

## 15 minutes – Controlled Warm up

Lane 1 – Pace Lane

Lane 2 – Pace Lane

Lane 3 – Racing Starts, One Way Sprints

Lane 4 – Racing Starts, One Way Sprints

Lane 5 – General Warm up

Lane 6 – General Warm up

Lane 7 – Racing Starts, One Way Sprints

Lane 8 – Racing Starts, One Way Sprints

Lane 9 – Pace Lane

Lane 10 – Pace Lane

\*Competition Pool will close 5 minutes prior to the start of the meet

#### **Warm Down Pool:**

Will follow general warm up procedure Swimming and Pulling Only, Push Off No racing starts, sprinting or pace work

# Gulliver Winter Invite-Order of Events

Warm Up: 4:00 PM, Meet Start: 5:00 PM

Girls	Event	Boys
	Session I-Friday Evening	•
1	1650 Freestyle	2
	Session II-Saturday Morning	
	Warm Up: 8:00 AM, Meet Start: 9:00 AM	
3	13 and Over 200 Freestyle	4
5	13 and Over 200 Backstroke	6
7	13 and Over 100 Breast	8
9	13 and Over 50 Freestyle	10
11	13 and Over 200 Butterfly	12
13	13 and Over 500 Freestyle	14
	Session III-Saturday Afternoon	
	Warm Up: 1:00 PM, Meet Start: 2:00 PM	
15	12 and Under 200 Freestyle	16
17	12 and Under 100 Backstroke	18
19	12 and Under 50 Breast	20
21	12 and Under 50 Freestyle	22
23	12 and Under 100 Butterfly	24
	Session IV-Sunday Morning	
	Warm Up: 9:00 AM, Meet Start: 10:00 AM	
25	13 and Over 200 IM	26
27	13 and Over 100 Free	28
29	13 and Over 200 Breast	30
31	13 and Over 100 Butterfly	32
33	13 and Over 100 Backstroke	34
35	13 and Over 400 IM	36
	Session V-Sunday Afternoon	
27	Warm Up: 2:00 PM, Meet Start: 3:00 PM	20
37	12 and Under 100 IM	38
39	12 and Under 100 Freestyle	40
41	12 and Under 100 Breast	42
43	12 and Under 50 Butterfly	44
45	12 and Under 50 Backstroke	46