

2018 Area 1 Santa Claus & Holiday Sprint Inv.

Saturday, Dec. 7, 2019

Lake Lytal Lightning

3645 Gun Club Rd. West Palm Beach 33460



Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: **Sanction# FGI120719LLL-P-21**

Sponsored by: Lake Lytal Lightning Swim Team

Rules: Current USA Swimming Rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image Authorization:	All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.
Conflict of Interest:	Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.
Eligibility:	Open to all current 2019 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host <u>WILL NOT</u> be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
Disability Athletes:	All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 561-310-4924-lightningswimming@gmail.com
Pool/Timing:	25 yards x 50 meters heated outdoor pool, 10 short-course racing lanes with separate 2 warm-up and swim-down lanes available. Colorado Timing System & Scoreboard. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start is 4'+ in accordance with 202.3.7 (C).
Date & Time:	<u>Session 1=Sat. Dec. 7, 2019</u> 10 & U Santa Claus Meet-Warm-up at 7:30 am. Meet Starts at 8:30 am <u>THIS SESSION WILL BE CAPPED ONCE A 4 HOUR TIME LIMIT IS REACHED</u> <u>Session 2=Sat. Dec. 7, 2019</u> 11 & Over Sprint Inv. Warm-up 12:30pm Meet starts at 1:30pm <u>THIS SESSION WILL BE CAPPED ONCE A 4 HOUR TIME LIMIT IS REACHED</u> <i>*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.</i>
Location:	Lake Lytal Family Aquatic Center 3645 Gun Club Rd. 33460
Directions:	From I-95 Exit Southern Blvd. West to Congress Ave. South to first left. LL Park is ½ Mile on the right. From Turnpike Exit Southern Blvd. East to Kirk Rd. (across from airport). Kirk South to Gun Club East. LL Park is ¼ mile on the left. Google Maps Link: https://goo.gl/maps/nMf3wLLaia42
Entry Deadline:	All entries must be received by Date Saturday, November 30th, 2019 8p PLEASE enter electronically, NO MAILED entries.

For electronic entries (CL or SDIF format only!!)

E-mail to: lightningswimming@gmail.com

Confirmation for electronic entries will be sent via e-mail.

**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at

**SESSION 2 WILL BE CLOSED ONCE THE TIMELINE REACHES 4 HOURS:
GET YOUR ENTRIES IN EARLY!!**

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Seeding:

SCY times will be used in a timed final format. Super Seeding for 9-10, 11-12, 13 & Over will take place with the fastest 8 in these multi-age groups seeded last

Entry Fees:

SUPER SEEDING BY INDIVIDUAL AGE GROUPS IN 'MIXED-AGE' GROUPS

IE \$4 Relays:\$8 Swimmer Surcharge: \$4

Refunds:

***Entry fees payable to "Lake Lytal Lightning" (note:1 check per team)**

Once a team or individual entry has been received and processed, there will be no refunds unless FGC rule 1.17 a.i.v applies.

Entry Limit:

Up to 5 Individual Events & Up to 2 Relays

Relays:

Only A & B MIXED Relays Score, THESE ARE MIXED YOU ARE TO USE 2 BOYS & 2 GIRLS.

Scoring:

Individual: 9-7-8-6-5-4-3-2-1 Relays: Double

Awards:

Santa Claus Individual Events: 1-3 Medals 4-8 Ribbons.

Sprint Meet Individual Events: 1-3 Medals 4-8 Ribbons 4-8

Relay Events: 1-3 Ribbons

Team High Point Awards:

10 & Under 1st and 2nd

11 & Over: 1st and 2nd

Individual Top 3 High Point*:

6 & U, 7 Year Old, 8 Year Old, 9 Year Old, 10 Year Old

11 Year Old, 12 Year Old, 13 Year Old, 14 Year Old, 15 & Over

***COACHES PLEASE ENTER YOUR SWIMMERS IN APPROPRIATE EVENTS**

TO BE ELIGIBLE FOR INDIVIDUAL HIGH POINT AWARD

Deck Entries:

THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee:

Dee Herfurth

Adm.Referee:

Gordon Andrews

Meet Director:

Gordon Andrews

Meet Committee:

A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission:

Admission - \$ 5 per session. Heat Sheets – FREE @ www.lightningswimming.org or MEET MOBILE

Information:

Call the Teams Office at 561-310-4924

10 & U Santa Claus Meet Events		11 & Over Sprint Meet Events	
1	8 & U 100 Mixed Medley Relay	59	11-12 200 Mixed Medley Relay
2	9-10 200 Mixed Medley Relay	60	13 & Over 200 Mixed Medley Relay
3-4	6 & U 25 Free+	61-62	11-12 100 Free @
5-6	7-8 25 Free	63-64	13 & Over 100 Free !
7-8	7 Year Old 50 Free++	65-66	11-12 50 Back @
9-10	8 Year Old 50 Free+++	67-68	13 & Over 50 Back !
11-12	9-10 50 Free %	69-70	11-12 50 Breast @
13-14	6 & U 25 Back+	71-72	13 & Over 50 Breast !
15-16	7-8 25 Back	73-74	11-12 50 Free @
17-18	7 Year Old 50 Back++	75-76	13 & Over 50 Free !
19-20	8 Year Old 50 Back+++	77-78	11-12 50 Fly @
21-22	9-10 50 Back %	79-80	13 & Over 50 Fly !
23-24	7 Year Old 100 IM ++	81-82	11-12 100 IM @
25-26	8 Year Old 100 IM+++	83-84	13 & Over 100 IM !
27-28	9-10 100 IM %	85	11-12 200 Mixed Free Relay
29-30	6 & U 25 Breast+	86	13 & Over Mixed 200 Free Relay
31-32	7-8 25 Breast	@ Scored & Ranked Separately 11 Year Old, 12 Year Old, Event Super-Seeded ! Scored & Ranked Separately 13 Year Old, 14 Year Old, 15 & Over, Event Super-Seeded	
33-34	7 Year Old 50 Breast++		
35-36	8 Year Old 50 Breast+++		
37-38	9-10 50 Breast %		
39-40	6 & U 25 Fly+		
41-42	7-8 25 Fly		
43-44	7 Year Old 50 Fly++		
45-46	8 Year Old 50 Fly+++		
47-48	9-10 50 Yd. Fly%		
49-50	6 & U 50 Fr+		
51-52	7 Year Old 100 Fr++		
53-54	8 Year Old 100 Fr+++		
55-56	9-10 100 Fr %		
57	8 & Under Mixed 100 Fr Relay		
58	9-10 100 Mixed Fr Relay		

+ Used in Scoring 6 Year Old

++ Used in Scoring 7 Year Old

+++ Used in Scoring 8 Year Old

% 9-10 Ranked and Scored Separately, Super-Seeded