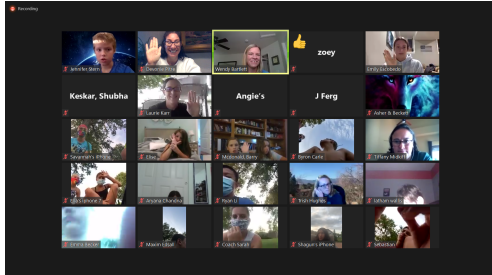




SAFE SPORT NEWSLETTER



Keeping Athletes First

Two teams have officially had their visit with a National Team member! On Thursday, September 10, **Buckeye Swim Club** had a virtual meeting with Emily Escobedo. Do you want to win a visit with a National Team member or alum? Make sure to become a [Safe Sport Club Recognized](#) swim team!

Check out our updated list of winners and the athlete who visited them [here](#).

[READ MORE](#)

CBIM/AAL Bi-Weekly Emails

Bi-weekly emails have started to be sent to our Safe Sport Chairs with brief descriptions on the lesson plans.

Implementing is as easy as 1,2, 3!

1. Download the cards on the Safe Sport Team Talk page
2. Get familiar with the topic of the week...no formal or additional training necessary
3. Follow the directions and implement with your athletes

Please make sure to forward this information to your LSC clubs to help them implement these two great programs. And remember...these programs can be completed virtually or in person.



Coaching Boys Into Men

Overview

- **12** learning sessions
- **Aims to teach** male athletes ages 12 and older respect for themselves and others
- **Helps build** healthy relationships and stops violence before it starts
- **Themes** include personal responsibility, respectful behavior and relationship abuse

[Access CBIM Cards](#)



Athletes as Leaders

Overview

- **10** learning sessions
- **Aims to empower** women athletes ages 12 and older
- **Promotes** healthy relationships and ending sexual violence
- **Encourages** leadership
- **Challenges** gender stereotypes

[Access AAL Cards](#)



Minor Athlete Abuse Prevention Policy

Don't let COVID-19 trick you! **USA Swimming member clubs and LSCs are required to implement the Minor Athlete Abuse Prevention Policy (MAAPP) in full.** All requirements for adult and minor interactions are specified in MAAPP, including interactions at practice and meets.

Since MAAPP must be reviewed and agreed upon by all athletes, parents, coaches and other non-athlete members every year, make sure to review this policy when getting back in the water.

To view and customize your Minor Athlete Abuse Prevention Policy, please click [here](#).



Meet 360

Meet 360 is an [informational resource guide](#) intended to assist meet administrators in creating a healthy and positive environment free from abuse for athletes. With the increase of virtual meets, this is a great resource to use!

For other resources to help you run safer meets, please visit the Safe Sport Club Tool Kit page.

[Tool Kit Page](#)

Why should you upgrade TeamUnify?

USA Swimming and TeamUnify have included a new addition for internal users - the ability to automatically have access to the Safe Sport for Parents webpage! As this is only available for updated CMS users, it is a great reason to upgrade your account! This page includes top resources such as the Minor Athlete Abuse Prevention Policy (MAAPP), best practices guidelines, as well as tips and toolkits for parents. In addition, important information and links for reporting an issue, bullying, and parent/athlete training will be a click away.

Note: Teams working towards Safe Sport Club Recognition must still have Safe Sport information on the public facing side of their team page.

Safe Sport Activity Books

The two Safe Sport activity books are still available! This is a great opportunity to have multiple age groups (5-11 years old and 12-18 years old) understand the importance of Safe Sport.

- [5-11 year old activity book](#)
- [12-18 year old activity book](#)

Hard copy books are available to purchase at the link below!

[MORE](#)



Free Resources

Club Portal Access

Look at [these easy to follow steps](#) to give an additional user club portal access to complete the Safe Sport Club Recognition application!

Safe Sport Tip Sheet

This free resource is for clubs who have become Safe Sport Club Recognized. This document includes a sample email, social media posts, and a press release which your club can use to spread the word about its amazing accomplishment. Take a look by clicking [here](#)!

Safe Sport Club Recognized FAQ

We have updated our Safe Sport Club Recognition FAQ sheet! To view the updated PDF, please click [here](#).

Training Opportunities

Safe Sport trainings are held monthly, please view trainings for October, November, and December below:

[Parent Training:](#)

- Wednesday, October 21 at 8 p.m. EST
- Wednesday, November 18 at 8 p.m. EST
- Wednesday, December 9 at 8 p.m. EST

[Athlete Training \(ages 12-18\):](#)

- Thursday, October 22 at 8 p.m. EST
- Thursday, November 19 at 8 p.m. EST
- Thursday, December 10 at 8 p.m. EST

[Coach Training:](#)

- Friday, October 23 at 3 p.m. EST
- Friday, November 19 at 3 p.m. EST
- Friday, December 11 at 3 p.m. EST

If you cannot attend these trainings, athletes and parents can independently complete trainings using

the USA Swimming LEARN platform. Click the link below for more info on Safe Sport trainings!

TRAININGS

Reminders

Keep Us in the Loop

- We want to know what your LSC & teams are doing – send us a picture at safesport@usaswimming.org with a brief description to be featured online or in our next newsletter!

Materials

- Safe Sport materials [can be bought here!](#)

Athlete Protection Training

- USA Swimming recognizes the required training course may not be appropriate for some adult athlete members with cognitive disabilities. For any such adult athlete member, please reference [this information](#) for exemptions and accommodations.

Additionally, completing this training may be triggering or re-traumatizing for victims/survivors. Exemptions for this requirement may be made on a case-by-case basis. Requests may be made to USA Swimming at learn@usaswimming.org.

USA Swimming Insider

- Don't forget to follow [@USASwimInsider](#) on Twitter to follow along with training and other resources from USA Swimming.