



TYR SOFLO Open January 25-27, 2019

Academic Village Pool, Pembroke Pines, Florida

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. **Sanction No. FGI012519SOFL-B-01**

It is understood and agreed that USA Swimming, the facility and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO FACILITY.**
Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO Facility.**



Date & Time:

Date	Session	Warm-up	Meet Start
Friday, January 25	1	4:30 pm	5:30 pm
Saturday, January 26	2	7:30 am	8:30 am
Saturday, January 26	3	*TBA	*TBA
Sunday, January 27	4	7:30 am	8:30 am
Sunday, January 27	5	*TBA	*TBA

***Afternoon sessions will start approximately one hour following the conclusion of the morning session, but no earlier than 11:30am. We will announce the starting times for the afternoon sessions on Tuesday, January 22, 2019. Meet director reserves the right to change meet warm-up, start times, in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.**

Format:

All events will be timed finals events conducted in SCY.

Individual events for 12&U will be multi-age with the following age brackets: 10&U and 11-12. 12&U swimmers will swim together but will be scored separately according to age bracket. Individual events for 13&O will be multi-age with the following age brackets: 13-14 and 15&O. 13&O swimmers will swim together but will be scored separately according to age bracket.

Breaks between events may be inserted at meet management and meet referee discretion.

Pool/Timing:

25 Yard x 50 meter temperature controlled outdoor pool, 10 **short-course** racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2(C)(4). Fly-over starts will be used. Water depth at competition start end of pool varies from 6'7" to 8'6" depending on lane assignment, in accordance with 103.2.3. Colorado Timing System® will be used.

Rules:

2019 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.



Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the vice President of Program Operations.

Deck Changing: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Closed Deck: Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.

Coaches - Current 2019 coaching credentials will be required for access to the restricted areas of the deck.

Eligibility: Open to all current 2019 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

Swimmers who are not registered with USA Swimming by 6:00pm Thursday, January 24, 2019, will be scratched from the meet. Such swimmers who subsequently prove 2019 USA Swimming registration may be permitted to enter events at meet referee discretion in accordance with the late entry policy.



The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated in accordance with article 105. Please contact the pool office ahead of time to allow for preparations - (954) 538-3721
SoFloMeets@swim4SoFlo.com

Entry: All entries must be received by **11:59pm Sunday January 20, 2019**
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to SoFloMeets@swim4SoFlo.com fax (954) 392-4107
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 538-3721.

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Enter with yard times only. Coach estimate times are acceptable. Please avoid entering with NT if possible.

Entries will be accepted in the order in which they are received until the sessions containing 12&U events (sessions 1, 3 and 5) reach four hours. At that point the meet will be full and no further entries will be accepted. Relay events may be removed at meet management discretion in order to accommodate additional individual entries.

Late Entries: Late entries may be accepted at meet management discretion after 12:00am Monday, January 21 and prior to the scratch deadline for the event in question.
PLEASE enter electronically (CL or SDIF format) prior to the start of the meet if possible. Email late entry requests to SoFloMeets@swim4SoFlo.com.
Late entries must be accompanied by proof of USA Swimming registration in order to be accepted.

Non-registered or non-existent teams must submit entries for swim meets by email with the information about the athletes (date of birth, name, USA-S ID#, events and entry times). The entries are considered late entries since they have to be entered manually and they will be charged accordingly.



Deck Entries: Deck entries will not be accepted. All entries must be received as described above.

Entry Fees: \$5.00 per individual event

Relay Fees: \$7.00 per relay

Facility Surcharge: \$7.50 per swimmer

Late Entries: Double the standard entry fees

***Entry fees are made payable to "SOFLO Swimming"**
(note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge

Refunds: Once a team or individual entry has been accepted, there will be no refunds in full or in part with the exception of events canceled under FGC rule 1.17.

Entry Limit: Swimmers may swim a maximum of four (4) individual events per day.

Seeding: All events will be seeded fast to slow by entry time in SCY.

Scratch Deadline: Scratches will be accepted until the deadlines listed below. Deck entries may be accepted at meet referee discretion until the deadline listed below.

Scratch Deadline

Friday January 25 events

6:00pm Thursday January 24

Saturday January 26 events

6:00pm Friday January 25

Sunday January 27 events

30 minutes after the start of session 3

Scoring: Individual events: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1
Relay events: 22, 18, 16, 14, 12, 10, 8, 6, 4, 2

Awards: Individual high point for female and male 10&U, 11-12, 13-14, 15&O.
Top 3 combined team score.

12 & under swimmers only:

Individual Events: Medals - 1st, Ribbons 2nd – 10th

Relay Events: Ribbons - 1st – 3rd

500 Free and 400 IM: The 500 Free and 400 IM will be swum alternating heats of women and men. **Positive check in is NOT required.**

The top 40 swimmers entered in each gender and age group bracket (10&U, 11-12, 13-14, 15&O) will be seeded in the 500 freestyle.



Additional heats may be swum at meet referee discretion, time permitting.

Officials: If you know that you will be attending this meet and will be available, please email the meet referee, Allan Golding (allan.c.golding@comcast.net), and let him know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 45 minutes before the start of the session.

Warm-up: Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.

Depending upon the number of swimmers entered, teams may be assigned to specific warm-up times and lanes Saturday and Sunday morning. Teams assigned to an early warm-up on one day will be assigned to a late warm-up period on the other day. More detailed warm up procedures will be distributed to registered coaches prior to the competition

Meet Director: Chris Anderson

Co-Meet Directors: Luis Soler (Facility Set Up) – Andrea Golding (Volunteers)

Head Referee: Allan Golding

Admin. Official: Nestor Mateus

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$5.00 per session.
Heat Sheets will be available free online at:
www.soflomeets.info/open and on meet mobile.
Printed heat sheets for coaches will be available in the office.

Information: Swim Office at (954) 538-3721 - SoFloMeets@swim4SoFlo.com



Order of Events

Girls=Odd / Boys=Even

Session 1 Friday, January 25, 2019 @ 5:30 P.M

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
1-2	12 & Under	200 Free
3-4	13 & Over	100 IM
5-6	12 & Under	200 IM
7-8	13 & Over	400 IM

Session 2 Saturday, January 26, 2019 @ 8:30am

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
9-10	13 & Over	200 Medley Relay
11-12	13 & Over	200 Breast
13-14	13 & Over	100 Back
15-16	13 & Over	50 Breast
17-18	13 & Over	100 Fly
19-20	13 & Over	50 Free
21-22	13 & Over	200 IM
23-24	13 & Over	500 Free *

* The top 40 swimmers entered in each gender and age group bracket (13-14, 15&O) will be seeded in the 500 freestyle.

Session 3 Saturday, January 26, 2019 – 60 Min. after completion of Session II

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
25-26	12 & Under	200 Medley Relay
27-28	12 & Under	200 Breast
29-30	12 & Under	100 Back
31-32	12 & Under	50 Breast
33-34	12 & Under	100 Fly
35-36	12 & Under	50 Free
37-38	12 & Under	500 Free*

* The top 40 swimmers entered in each gender and age group bracket (10&U, 11-12) will be seeded in the 500 freestyle.



Session 4**Sunday, January 27, 2019 @ 8:30am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
39-40	13 & Over	200 Free Relay
41-42	13 & Over	200 Free
43-44	13 & Over	50 Back
45-46	13 & Over	200 Fly
47-48	13 & Over	100 Breast
49-50	13 & Over	200 Back
51-52	13 & Over	50 Fly
53-54	13 & Over	100 Free

Session 5 Sunday, January 27, 2019 – 60 Min. after completion of Session IV

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
55-56	12 & Under	200 Free Relay
57-58	12 & Under	50 Back
59-60	12 & Under	200 Fly
61-62	12 & Under	100 Breast
63-64	12 & Under	200 Back
65-66	12 & Under	50 Fly
67-68	12 & Under	100 Free
69-70	12 & Under	100 IM

